



**OPEN REGISTRATION NOVEMBER 30 • EARLY MEMBER REGISTRATION NOVEMBER 23
ONLINE REGISTRATION AVAILABLE!**

2016 WINTER/SPRING PROGRAMS

www.ci.liberty.mo.us/lpr

816.439.4360



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LIBERTY PARKS AND RECREATION BOARD

Jackie Kennedy, President • Randy Eggeston, Vice President • Buzz Taylor, Secretary/Treasurer
Patrick Flora, Member
Karen Ridder, Member
Will House, Member
Libby Wertz, Member
Clay Lozier, Member
Vern Windsor, Member

Liberty Community Center

FACILITY AMENITIES

- 9300 sq. ft. Fitness Center with Walking Track
- 4 Swimming Pools
- Gymnasium with Pickle Ball Court
- Locker Rooms
- Hot Tub
- Sauna
- Meeting/Banquet Facilities with seating up to 310
- Catering Kitchen
- Child Watch Room
- 700 Seat Performing Arts Theatre

FITNESS CENTER AMENITIES

The Liberty Community Center fitness center offers Nautilus, Cybex, Flex, and Paramount selectorized and free weight equipment. The cardiovascular equipment includes Life Fitness and Concept II.

Strength Equipment

- | | |
|---------------------------|---------------------------------------|
| • 3 Paramount Machines | • Sit-up Board & Ladder |
| • 11 Cybex Machines | • Dumbbells (2.5-125 lbs.) |
| • 5 Nautilus Machines | • Lever Row |
| • Preacher Curl | • Olympic Curl Bars |
| • Seated Calf | • Multi-purpose rack |
| • Free Standing Dip | • Jones Smith Machine |
| • Exercise Mats | (upgraded bar) |
| • Incline/Decline Benches | • Cable-Crossover machine- NEW |
| • Thera-bands and balls | • 4 adjustable benches |
| • Roman bench | • Gravitron Assisted Dip/ |
| • 2 Flat Benches | Chin machine |

Aerobic Equipment

- 6 Life Fitness Cross-Trainers with in-screen TVs-**NEW**
- 2 Life Fitness Power Mills with in-screen TVs-**NEW**
- 6 Life Fitness Treadmills with in-screen TVs-**NEW**
- 2 Life Fitness Treadmills with attachable TV screens
- 2 Life Fitness Treadmills with in-screen TV
- 4 Life Fitness Stair-Climbers with attachable TV screens
- 1 Schwinn Air-Dyne stationary bike
- 2 Life Fitness stationary bicycles with attachable TV screens
- 1 Concept II Rower
- 2 Life Fitness Recumbent Bicycles with in-screen TV
- 13 Life Fitness Group Fitness Bikes-**NEW**

CENTER HOURS OF OPERATION

NEW!! Beginning Monday, January 4, 2016, open hours will begin at 5:00 a.m. Monday through Friday!

Monday - Thursday..... 5:30 a.m. - 10:00 p.m.
Friday 5:30 a.m. - 9:00 p.m.
Saturday..... 8:00 a.m. - 8:00 p.m.
Sunday 9:00 a.m. - 6:00 p.m.

FACILITY HOLIDAYS

The Community Center will observe the following holidays:

Thursday, December 24 Open 5:30 a.m.-3:00 p.m. Christmas Eve
Friday, December 25 CLOSED Christmas Day
Thursday, December 31 Open 5:30 a.m.-5:30 p.m. New Year's Eve
Friday, January 1 CLOSED New Year's Day
Sunday, March 27 CLOSED Easter
Monday, May 30..... Open Noon - 6:00 p.m. Memorial Day

CHILD WATCH SERVICES

The Center offers child care (3 months through 8 years) for participants at designated times. In order to use this service, the parent/guardian must be in the facility participating in a facility activity. Space is limited so please call the day before for reservations. Due to the volume of children we are trying to accommodate, a 2-hour maximum per visit has been implemented. For additional information, please see the child care staff or contact 816-439-4365.

FEES: \$3 per hour for nonmember

MEMBER: Complimentary for annual member, summer pass, day pass, swipe pass and Silver Sneakers®.

Hours Available:

Monday-Friday 8:00 a.m. - 12:00 noon
Monday-Thursday 4:30 p.m. - 8:00 p.m.
Saturday 9:00 a.m. - 12:00 noon

*Dates and times subject to change based on class schedule.

GET M.O.R.E. LIBERTY COMMUNITY CENTER MEMBER REWARD PROGRAM

Available to annual Liberty Community Center members. Look for the Get M.O.R.E. logo to immediately identify all qualifying programs!

- Free Fitness Classes!
- Child Watch Free!
- A \$5 member discount for participating Parks and Recreation Department programs (excluding swim lessons, team registrations and programs with fees \$15 or less).
- A \$5/hr. member discount for Liberty Community Center rentals (meeting rooms and theater).
- In addition to program and rental discounts, early registration is available. For annual members of the facility, brochure registration is held one week in advance of open registration.
- Free fitness equipment orientations and fitness consultations.

Provisions of the program:

- Individual member discounts and early registration cannot be transferred to a family member. As an example, an adult membership allows the adult to apply the discount and early registration to programs for themselves but cannot be applied to another family member's registration. However, a family membership automatically makes all family members included on the membership eligible for member discounts.
- For rentals, member discounts can be applied to private use only and may not be used for public, business, commercial, or organizational rentals.



Liberty Community Center

ANNUAL MEMBERSHIPS - *Eligible for Get M.O.R.E.!*

If you attend the Liberty Community Center at least three times per month, then an annual membership is for you! Annual members may use the facility year-round during the scheduled open hours. Annual members also receive membership rewards. A membership is good for one year from the date of purchase (for ongoing memberships, see bank draft option below).

FEE:	
Youth (18 & under)	\$225
Adult	\$330
Adult Plus One Adult**	\$570
Senior (60 and older)	\$270
Family*	\$660
Additional Dependent*** (per each)	\$60

*Family is defined as a maximum of five people residing at the same address (this can include either two adults and three children or one adult and four children). There must be at least one adult listed as a primary on the family membership. If purchasing as an electronic funds transfer, must come out of one designated account only. Additional dependents may be added for \$60/year resident.

**Plus One Adult is designated for an adult that is living within the same household as the Primary account holder and able to provide proof of residency. Not a standalone membership and can only be added on to an individual membership. If purchasing as an electronic funds transfer, must come out of one designated account only.

***A dependent is defined according to federal tax laws.

BANK DRAFT OPTION

Ongoing annual memberships are available through the monthly bank draft option and are automatically renewed each year. A small service fee plus a prorated first month's payment will get you started using the many facets of the Center. **Family passes are as low as \$55.50/month.** Call 816-439-4360 for more details.

DAY PASSES

Persons wishing to use the facility for one day may do so by purchasing a day pass.

FEE:	
Youth (2 and under free)	\$6.50
Adult	\$8.75
Senior (60 and older)	\$7.50

20 PASS SWIPE CARD

This is also another option added to our list of pass categories. The swipe card has no expiration. It is to be used by the purchaser only; the card will only permit one swipe per day.

FEE: \$125

WINTER BREAK PASS

This one-month pass is designed specifically for college students but available for purchase by all. Pass is valid December 14, 2015 through January 10, 2016.

FEE: \$40



GIFT CERTIFICATES

Searching for the perfect gift? Parks and Recreation Department gift certificates are available for classes, programs, annual memberships, summer passes, day passes, or 20 pass swipe cards. Please see the front desk staff at the Liberty Community Center for details.

LIBERTY COMMUNITY CENTER FREE DAYS

Free admission during scheduled open hours.

Friday, December 11, 2015

Friday, February 19, 2016

Friday, May 6, 2016

OPEN SWIM 6:00 - 9:00 p.m.

PICKLE BALL IN GYMNASIUM 1:00 - 3:00 p.m.

**RECREATIONAL PLAY IN GYMNASIUM
3:00 - 9:00 p.m.**

FITNESS CENTER 5:30 a.m. - 9:00 p.m.



BIRTHDAY PARTY PACKAGES

Please call 816-439-4371 or email rentals@ci.liberty.mo.us for availability.

**Consult the pools and gym schedules
for open recreation hours.**

Basic Package

Day passes for birthday child, 12 guests, plus complimentary pass for birthday child for a future visit.

Fee: \$85 for members / \$90 for nonmembers

Deluxe Package

One hour in meeting room; day passes for birthday child and 12 guests, two 14" large pizzas, (2) 2-liters of the soft drinks of your choice, balloons, paper products, and a complimentary pass for birthday child for a future visit.

Fee: \$165 for members / \$170 for nonmembers

Facility amenities include:

- Large indoor pool with diving board, slide and poolside climbing wall
- Small warm water pool (ages 8 and under)
- Two outdoor pools (Memorial Day weekend through Labor Day)
- Basketball Court with Pickle Ball Court
- Ping Pong

Get **Liberty Community Center** **Meeting Room & Theater Rentals**

The Liberty Community Center offers four beautiful rooms suited to accommodate a multitude of needs and a variety of group sizes. Perfect for business seminars and meetings, receptions, anniversaries, family gatherings, birthday parties, bridal and baby showers, and much more.

Meeting Rooms Available



Board Room

Accommodates
up to 16

Red Room

Accommodates
up to 180 theater seating
130 banquet seating

White Room

Accommodates
up to 85 theater seating
65 banquet seating

Blue Room

Accommodates
up to 85 theater seating
65 banquet seating

The Liberty Room

(Red, White & Blue Rooms Combined)

Accommodates a reception with buffet for 250 participants

- Reduced weekly rates available.
- Payment in full, refundable damage deposit, and signed facility license needed to secure date.

Additional Amenities Available for Rent

- 3/4 Court Gymnasium • Catering Kitchen • 2 Indoor Pools
- 2 Outdoor Pools (Memorial Day to Labor Day)

**"We take care of you from
set-up to clean-up."**

For more information

call 439-4371

or email rentals@ci.liberty.mo.us

You're free to play



LIBERTY PERFORMING ARTS THEATRE

Beautiful Space For Rent

The Liberty Performing Arts Theatre is the perfect venue for special events:

- Concerts • Plays • Dance
- Business meetings • Multi-media presentations
- Awards ceremonies • Recitals • Seminars
- Large weddings



Theatre Amenities

- 700 seats • Professional staff • Extremely competitive rates
- Lighting equipment included • Free parking
- Production support
- One of the largest stages in the Kansas City area
- Computerized ticketing • Excellent acoustics

For more information

call 439-4371

or visit us at

www.LPAT.org

Adult Sports

For more information, please call 816-439-4393



BASKETBALL

ADULT FALL MEN'S BASKETBALL LEAGUE

Liberty Parks & Recreation's Adult Basketball League includes a seven-game schedule starting in early January followed by league tournaments. A \$200 deposit is needed at time of registration to hold the team's spot in the league. Full amount at time of registration is due for all online registrations.

WINTER LEAGUE

FEE: \$500 / team

AGES: 18 and up

REGISTRATION DEADLINE: 1/3/2016

ACTIVITY #	DATES	DAY	TIME	LOCATION
COMPETITIVE				
127100-01	Jan. 10-Mar. 6	Su	4-8 pm	DMS
RECREATION				
127100-02	Jan. 10-Mar. 6	Su	4-8 pm	DMS
COMP/REC				
127100-03	Jan. 13-Mar. 9	W	6-10 pm	HMS

SPRING LEAGUE

FEE: \$500 / team

AGES: 18 and up

REGISTRATION DEADLINE: 3/13/2016

ACTIVITY #	DATES	DAY	TIME	LOCATION
COMPETITIVE				
127100-04	Mar. 20-May 15	Su	4-8 pm	DMS
RECREATION				
127100-05	Mar. 20-May 15	Su	4-8 pm	DMS
COMP/REC				
127100-06	Mar. 23-May 11	W	6-10 pm	HMS

FENCING

FENCING – RECREATIONAL

Recreational Fencing requires that all participants complete a Beginning Class (or come to us with comparable experience from another program). Fencers from the Kansas City Fencing Center, one of the most successful fencing centers in the nation teach the class. All equipment is provided. Please wear comfortable gym clothes, such as sneakers and warm-up pants (no shorts).

FEE: \$75 for members / \$80 for nonmembers

AGES: 10 and up

ACTIVITY #	DATES	DAY	TIME	LOCATION
147300-01	Jan. 8-29	F	5-6:30 pm	LCC
147300-02	Feb. 5-26	F	5-6:30 pm	LCC
147300-03	Mar. 4-25	F	5-6:30 pm	LCC

FENCING – ADULT BEGINNERS

The goal of this class is to give the beginning fencer a solid understanding of the basics of fencing and to prepare them to enter a Recreational Class where they could both hold their own and understand the instruction being given. Recreational Fencing requires that all participants complete a Beginning Class. All equipment is provided. Please wear comfortable gym clothes, such as sneakers and warm-up pants (no shorts).

FEE: \$75 for members / \$80 for nonmembers

AGES: 14 and up

ACTIVITY #	DATES	DAY	TIME	LOCATION
127300-01	Jan. 8-29	F	6:30-7:30 pm	LCC
127300-02	Feb. 5-26	F	6:30-7:30 pm	LCC
127300-03	Mar. 4-25	F	6:30-7:30 pm	LCC

Adult Sports

For more information, please call 816-439-4393

GOLF

ADULT GOLF LESSONS

Learn the fundamentals of golf from Cardinal Hill's Class A PGA Golf Professional. This interactive instruction includes the proper grip, stance, alignment, swing mechanics, club selection, putting and the basic rules-etiquette of the game. Lessons will consist of group instruction, followed by group practice, along with an on course experience & complimentary beverage the final day. Golf Clubs are available for no additional fee at the Cardinal Hill Clubhouse when you check in.

FEE: \$40 for members / \$45 for nonmembers

AGES: 18 and up

ACTIVITY #	DATES	DAY	TIME	LOCATION
140602-01	May 4-25	W	6-7 pm	CARDI

KICKBALL

ADULT KICKBALL LEAGUES

The adult kickball league will be played at Fountain Bluff Sports Complex. Teams must provide their own uniforms. Teams will play 7 guaranteed games. Teams will be allowed to have a maximum of 20 players on the roster. Teams must provide their own uniforms or pennies will be provided.

A \$200 deposit is need at the time of registration to hold the team's spot in the league. Teams must have a zero balance by the 3rd week. For online registrations the full amount is due at the time of registration.

FEE: \$275 / team

AGES: 18 and up

REGISTRATION DEADLINE: 3/10/2016

LOCATION: FBSC

ACTIVITY #	DATES	DAY	TIME
127003-01	Mar. 17-Apr. 28	TH	6:30-10:30 pm

PICKLE BALL

DROP-IN PICKLE BALL

Pickle Ball is a fun game that is played on a similar sized court as badminton with the net lowered to 34 inches at the center. It is played with a perforated plastic baseball (similar to a whiffle ball) and wood or composite paddles. It is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. Pickle Ball combines skills used in playing tennis, badminton and ping pong. Paddles and pickle balls are available. Please call 816-439-4361 and staff will have the court set for you when you arrive.

FEE: Free for members / Price of a day pass for nonmembers

TIMES: Monday - Friday, 1:00 - 3:00 p.m.

Sunday, 9:00 a.m. - Noon



SOCCER

ADULT SOCCER LEAGUES

The adult soccer league will be played at Fountain Bluff Sports Complex. Teams must provide their own uniforms or pennies will be provided. Teams will play 7 guaranteed games that include two thirty (30) minute halves with a five minute halftime. This is an 11 vs 11 league. Teams will be allowed to have a maximum of 20 players on the roster.

A \$200 deposit is need at the time of registration to hold the team's spot in the league. Teams must have a zero balance by the 3rd week. For online registrations the full amount is due at the time of registration. You may register as an individual to be placed on a team.

AGES: 18 and up

REGISTRATION DEADLINE: 3/11/2016

FULL TEAM

FEE: \$700

ACTIVITY #	DATES	DAY	TIME	LOCATION
127002-01	Mar. 20-May 15	Su	3-8 pm	FBSC

INDIVIDUAL

FEE: \$65

ACTIVITY #	DATES	DAY	TIME	LOCATION
127002-02	Mar. 20-May 15	Su	3-8 pm	FBSC

Adult Sports

For more information, please call 816-439-4393

SOFTBALL

ADULT SOFTBALL SPRING

The spring softball leagues offer a five-game season for single header leagues and a ten-game season for double header leagues starting in mid-March, followed by a single elimination league tournament. A \$200 deposit is needed at time of registration to hold the team's spot in the league. For online registrations, the full amount is due at time of registration.

AGES: 18 and up

REGISTRATION DEADLINE: 3/7/2016

LOCATION: FBSC

ACTIVITY #	DATES	DAY	TIME
MEN'S D SINGLE HEADER LEAGUE			
FEE: \$400 / team			
127000-01	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-07	Mar. 13-May 1	Su	5-9 pm

MEN'S E SINGLE HEADER LEAGUE

FEE: \$400 / team

127000-02	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-08	Mar. 13-May 1	Su	5-9 pm

COED SINGLE HEADER LEAGUE

FEE: \$400 / team

127000-03	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-09	Mar. 13-May 1	Su	5-9 pm

MEN'S D DOUBLE HEADER LEAGUE

FEE: \$475 / team

127000-04	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-10	Mar. 13-May 1	Su	5-9 pm

MEN'S E DOUBLE HEADER LEAGUE

FEE: \$475 / team

127000-05	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-11	Mar. 13-May 1	Su	5-9 pm

COED DOUBLE HEADER LEAGUE

FEE: \$475 / team

127000-06	Mar. 17-Apr. 28	TH	6:30-10:30 pm
127000-12	Mar. 13-May 1	Su	5-9 pm

VOLLEYBALL

ADULT FALL VOLLEYBALL LEAGUES

The LPR volleyball league offers a 10-match schedule. A \$100 deposit is needed at time of registration to hold the team's spot in the league. For online registrations, the full amount is due at registration.

WINTER LEAGUE

FEE: \$200 / team

AGES: 18 and up

REGISTRATION DEADLINE: 1/4/2016

ACTIVITY #	DATES	DAY	TIME	LOCATION
COED C LEAGUE				
127900-01	Jan. 13-Mar. 23	W	6-10 pm	SVMS

COED B LEAGUE

127900-02	Jan. 13-Mar. 23	W	6-10 pm	SVMS
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WOMEN'S C LEAGUE

127900-03	Jan. 11-Mar. 21	M	6-10 pm	SVMS
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WOMEN'S B LEAGUE

127900-04	Jan. 11-Mar. 21	M	6-10 pm	SVMS
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SPRING LEAGUE

FEE: \$200 / team

AGES: 18 and up

REGISTRATION DEADLINE: 3/28/2016

ACTIVITY #	DATES	DAY	TIME	LOCATION
COED C LEAGUE				
127900-05	Apr. 6-Jun. 15	W	6-10 pm	SVMS

COED B LEAGUE

127900-06	Apr. 6-Jun. 15	W	6-10 pm	SVMS
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WOMEN'S C LEAGUE

127900-07	Apr. 4-Jun. 20	M	6-10 pm	SVMS
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WOMEN'S B LEAGUE

127900-08	Apr. 4-Jun. 20	M	6-10 pm	SVMS
(No Games Mar. 11, May 16)				



Aquatics / Swimming

For more information, please call 816-439-4374



DISABLED PERSONS' SWIM

A special invitation is extended to our disabled population. The warm water pool is fully accessible and ready for your exercise and enjoyment any time during our open recreation hours.

SWIM LESSON PROGRAM

This program is designed for participants of all ages with water safety skills taught at all levels. Our swim lesson program is designed to cover all the important components of swimming.

PLEASE NOTE:

- If you question your child's ability to successfully complete a specific class, please underestimate their skills at the time of registration. You are allowed to view your children from the balcony in the pool area. Unless you have purchased a daily pass, your children's swim time ends at the end of their swim lesson.
- Class make-ups are not permitted in other swim lesson programs.
- There will be no refunds, credits, or transfers 72 hours prior to the start of the first class due to limited class size and availability. Please see the "REFUNDS OR CANCELLATIONS" policy located in the brochure under *Department Policies*.
- Classes may be combined or divided based on enrollment.

MONDAY - WEDNESDAY OR TUESDAY - THURSDAY (6 Classes/Session; 40 Minutes/Class)

- SESSIONS: I JANUARY 4 - JANUARY 26**
M/W Jan. 4, 11, 13, 18, 20, & 25
T/Th Jan. 5, 7, 14, 19, 21, & 26
(No classes scheduled 1/6 & 1/12 due to swim meets.)
- II FEBRUARY 1 - FEBRUARY 18**
M/W Feb. 1, 3, 8, 10, 15, & 17
T/Th Feb. 2, 4, 9, 11, 16, & 18
- III FEBRUARY 24 - MARCH 15**
M/W Feb. 24, 29, March 2, 7, 9, & 14
T/Th Feb. 25, March 1, 3, 8, 10, & 15
- IV MARCH 21 - APRIL 7**
M/W March 21, 23, 28, 30, April 4, & 6
T/Th March 22, 24, 29, 31, April 5, & 7
- V APRIL 13 - MAY 3**
M/W April 13, 18, 20, 25, 27, & May 2
T/Th April 14, 19, 21, 26, 28, & May 3
- VI MAY 9 - MAY 26**
M/W May 9, 11, 16, 18, 23, & 25
T/Th May 10, 12, 17, 19, 24, & 26

Aquatics / Swimming

For more information, please call 816-439-4374

SATURDAY CLASSES

(6 Classes/Session; 40 Minutes/Class)

SESSIONS: I	JANUARY 9 - FEBRUARY 13
	Jan. 9, 16, 23, 30, Feb. 6, & 13
II	FEBRUARY 27 - APRIL 2
	Feb. 27, March 5, 12, 19, 26, & April 2
III	APRIL 16 - MAY 21
	April 16, 23, 30, May 7, 14, & 21
FEES:	\$48 (All progressive swim lessons except Aqua Tot)
FEES:	\$43 AQUA TOT (30 Minutes/Class)

AQUA TOT

This program is designed for children ages 6 months to 2.5 years and is a water orientation program for both tots and their parents. Participants are lead through various class exercises which focus on water adjustment, blowing bubbles, getting the face wet, basic fundamentals required for proper body alignment, kicking, and eventual submersion. All skills must be demonstrated in good form before advancing to the Parent Tot level plus meet proper age requirement of 2 years 6 months.

FEE: \$48

AGE RANGE: 6 months - 2 years 6 months

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111000-01	Jan. 4-25	M,W	6-6:30 pm
111000-02	Jan. 5-26	T,TH	Canceled
111000-03	Feb. 1-17	M,W	6-6:30 pm
111000-04	Feb. 2-18	T,TH	Canceled
111000-05	Feb. 24-Mar. 14	M,W	6-6:30 pm
111000-06	Feb. 25-Mar. 15	T,TH	Canceled
111000-07	Mar. 21-Apr. 6	M,W	6-6:30 pm
111000-08	Mar. 22-Apr. 7	T,TH	4:30-5 pm
111000-09	Apr. 13-May 2	M,W	6-6:30 pm
111000-10	Apr. 14-May 3	T,TH	4:30-5 pm
111000-11	May 9-25	M,W	6-6:30 pm
111000-12	May 10-26	T,TH	4:30-5 pm

(No Class Jan. 6, Jan. 12)

PARENT TOT

This program is created for children 2 years 6 months through 4 years of age and is designed for the child who is ready to swim, yet still requires parental assistance. Participants are led through various class exercises which focus on water adjustment, blowing bubbles, getting their face wet, kicking with floatation devices as well as independently, prone glide (superman), back float, and introduction of crawl stroke. All skills must be demonstrated in good form before advancing to the Novice level plus meet proper minimum age requirement of 4 years 10 months.

FEE: \$48

AGE RANGE: 2 years 6 months - 5 years

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111001-01	Jan. 4-25	M,W	5:15-5:55 pm
111001-02	Jan. 5-26	T,TH	5:55-6:35 pm
111001-03	Jan. 9-Feb. 13	S	8:15-8:55 am (Min. 3 required.)
111001-04	Jan. 9-Feb. 13	S	9-9:40 am
111001-05	Jan. 9-Feb. 13	S	11:20 am-noon
111001-06	Feb. 1-17	M,W	5:15-5:55 pm
111001-07	Feb. 2-18	T,TH	5:55-6:35 pm
111001-08	Feb. 24-Mar. 14	M,W	5:15-5:55 pm
111001-09	Feb. 25-Mar. 15	T,TH	5:55-6:35 pm
111001-10	Feb. 27-Apr. 2	S	8:15-8:55 am (Min. 3 required)
111001-11	Feb. 27-Apr. 2	S	9-9:40 am
111001-12	Feb. 27-Apr. 2	S	11:20 am-noon
111001-13	Mar. 21-Apr. 6	M,W	5:15-5:55 pm
111001-14	Mar. 22-Apr. 7	T,TH	5:55-6:35 pm
111001-15	Apr. 13-May 2	M,W	5:15-5:55 pm
111001-16	Apr. 14-May 3	T,TH	5:55-6:35 pm
111001-17	Apr. 16-May 21	S	8:15-8:55 am (Min. 3 required)
111001-18	Apr. 16-May 21	S	9-9:40 am
111001-19	Apr. 16-May 21	S	11:20 am-noon
111001-20	May 9-25	M,W	5:15-5:55 pm
111001-21	May 10-26	T,TH	5:55-6:35 pm

(No Class Jan. 6, Jan. 12)

NOVICE

(This program is designed for children ages 4 years 10 months or older at the time of the first class and are mature enough to function in a group setting without hindering the learning process of other participants.) This program is a participant's first swim class without parental assistance. Participants range in age from a minimum of 4 years 10 months through 9 years. Participants are led through various class exercises which focus on holding their breath underwater, prone glide (superman), back float, crawl stroke, elementary backstroke, and deep water exercises which include jumping off the diving board and swimming to side with & without assistance. All skills must be demonstrated in good form before advancing to the next level.

FEE: \$48

AGE RANGE: 4 years 10 months - 9 years

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111002-01	Jan. 4-25	M,W	4:30-5:10 pm
111002-02	Jan. 4-25	M,W	6:40-7:20 pm
111002-03	Jan. 5-26	T,TH	4:20-5 pm
111002-04	Jan. 5-26	T,TH	5:05-5:45 pm
111002-05	Jan. 5-26	T,TH	6:40-7:20 pm
111002-06	Jan. 9-Feb. 13	S	9:45-10:25 am
111002-07	Jan. 9-Feb. 13	S	10:35-11:15 am
111002-08	Feb. 1-17	M,W	4:30-5:10 pm
111002-09	Feb. 1-17	M,W	6:40-7:20 pm
111002-10	Feb. 2-18	T,TH	4:20-5 pm
111002-11	Feb. 2-18	T,TH	5:05-5:45 pm
111002-12	Feb. 2-18	T,TH	6:40-7:20 pm

Aquatics / Swimming

For more information, please call 816-439-4374

111002-13	Feb. 24-Mar. 14	M,W	4:30-5:10 pm
111002-14	Feb. 24-Mar. 14	M,W	6:40-7:20 pm
111002-15	Feb. 25-Mar. 15	T,TH	4:20-5 pm
111002-16	Feb. 25-Mar. 15	T,TH	5:05-5:45 pm
111002-17	Feb. 25-Mar. 15	T,TH	6:40-7:20 pm
111002-18	Feb. 27-Apr. 2	S	9:45-10:25 am
111002-19	Feb. 27-Apr. 2	S	10:35-11:15 am
111002-20	Mar. 21-Apr. 6	M,W	4:30-5:10 pm
111002-21	Mar. 21-Apr. 6	M,W	6:40-7:20 pm
111002-22	Mar. 22-Apr. 7	T,TH	Canceled
111002-23	Mar. 22-Apr. 7	T,TH	5:05-5:45 pm
111002-24	Mar. 22-Apr. 7	T,TH	6:40-7:20 pm
111002-25	Apr. 13-May 2	M,W	4:30-5:10 pm
111002-26	Apr. 13-May 2	M,W	6:40-7:20 pm
111002-27	Apr. 14-May 3	T,TH	Canceled
111002-28	Apr. 14-May 3	T,TH	5:05-5:45 pm
111002-29	Apr. 14-May 3	T,TH	6:40-7:20 pm
111002-30	Apr. 16-May 21	S	9:45-10:25 am
111002-31	Apr. 16-May 21	S	10:35-11:15 am
111002-32	May 9-25	M,W	4:30-5:10 pm
111002-33	May 9-25	M,W	6:40-7:20 pm
111002-34	May 10-26	T,TH	Canceled
111002-35	May 10-26	T,TH	5:05-5:45 pm
111002-36	May 10-26	T,TH	6:40-7:20 pm

(No Class Jan. 6, Jan. 12)

ADVANCED NOVICE

Children should already be capable of jumping off the low diving board and swimming to the side without assistance. This is a skill based program, not age specific program. In addition, children need to be capable of swimming the length of the warm water pool unassisted and without touching the pool bottom or its equivalent in good form. This program is designed for participants who know the basics of swimming, but would like to learn more advanced swimming skills. Skills refined during this program include crawl stroke with rhythmic breathing, elementary backstroke, regular backstroke, introduction of breast stroke, treading water, diving, and endurance training. All skills must be demonstrated in good form before advancing to the next level.

FEE: \$48

AGE RANGE: 6 years - 12 years

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111003-01	Jan. 4-25	M,W	6-6:40 pm
111003-02	Jan. 5-26	T,TH	6:45-7:40 pm
111003-03	Jan. 9-Feb. 13	S	9:50-10:30 am
111003-04	Jan. 9-Feb. 13	S	11:20 am-noon
111003-05	Feb. 1-17	M,W	6-6:40 pm
111003-06	Feb. 2-18	T,TH	6:45-7:25 pm
111003-07	Feb. 24-Mar. 14	M,W	6-6:40 pm
111003-08	Feb. 25-Mar. 15	T,TH	6:45-7:25 pm
111003-09	Feb. 27-Apr. 2	S	9:50-10:30 am
111003-10	Feb. 27-Apr. 2	S	11:20 am-noon
111003-11	Mar. 21-Apr. 6	M,W	6-6:40 pm
111003-12	Mar. 22-Apr. 7	T,TH	6:45-7:25 pm
111003-13	Apr. 13-May 2	M,W	6-6:40 pm
111003-14	Apr. 14-May 3	T,TH	6:45-7:25 pm
111003-15	Apr. 16-May 21	S	9:50-10:30 am

111003-16	Apr. 16-May 21	S	11:20 am-noon
111003-17	May 9-25	M,W	6-6:40 pm
111003-18	May 10-26	T,TH	6:45-7:25 pm

(No Class Jan. 6, Jan. 12)

INTERMEDIATE

This program is designed for participants who have a solid understanding of the basic fundamentals of swimming and want to increase their swim stroke refinement and obtain endurance training. Participants range in age from 8 and older. This is a skill based program, not age specific. Skills refined during this program include free style, backstroke, breast stroke, competitive diving from starting blocks, introduction of flip turns, and endurance training. All skills must be demonstrated in good form before advancing to next level.

FEE: \$48

AGE RANGE: 8 years - 14 years

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111004-01	Jan. 4-25	M,W	6:45-7:25 pm
111004-02	Jan. 9-Feb. 13	S	10:35-11:15 am
111004-03	Feb. 1-17	M,W	6:45-7:25 pm
111004-04	Feb. 24-Mar. 14	M,W	6:45-7:25 pm
111004-05	Feb. 27-Apr. 2	S	10:35-11:15 am
111004-06	Mar. 21-Apr. 6	M,W	6:45-7:25 pm
111004-07	Apr. 13-May 2	M,W	6:45-7:25 pm
111004-08	Apr. 16-May 21	S	10:35-11:15 am
111004-09	May 9-25	M,W	6:45-7:25 pm

(No Class Jan. 6)

DEVELOPMENTAL STROKE

This program is designed for participants considering a swim team or needing further refinement during their first season. Participants range in age from age 8 and older. Skills refined during this program include free style, backstroke, breast stroke, introduction of butterfly, flip turns, diving from starting blocks, and endurance training. Class format designed around "coaching" versus a swim lesson format.

FEE: \$48

AGE RANGE: 8 years - 18 years

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
111005-01	Jan. 5-26	T,TH	6-6:40 pm
111005-02	Feb. 2-18	T,TH	6-6:40 pm
111005-03	Feb. 25-Mar. 15	T,TH	6-6:40 pm
111005-04	Mar. 22-Apr. 7	T,TH	6-6:40 pm
111005-05	Apr. 14-May 3	T,TH	6-6:40 pm
111005-06	May 10-26	T,TH	6-6:40 pm

(No Class Jan. 12)

SIGN UP FOR...



COMMUNITY Liberty Parks & Rec
CONNECTIONS

See Page 35 for details.

Aquatics / Swimming

For more information, please call 816-439-4374

AQUATIC CAMP

SPLASH CAMP

Youth will participate in supervised activities including swimming, movies, games, and gym sports. Extended care is available 7:00 - 8:00 a.m. and 4:00 - 6:00 p.m. Participants will need to bring their own lunches, swim suit, and towel. Drinks will be provided. There will be absolutely no refunds, credits, or transfers after December 21 due to limited class size and availability. Please see the "REFUNDS OR CANCELLATIONS" policy located in the brochure under Department Policies.

AGES: 5-11

REGISTRATION DEADLINE: See dates below to receive pre-registration discounts.

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
1-DAY A WEEK (CAN SELECT ANY DAY)			
FEE: \$16 before 12/16, \$20 on or after 12/17			
318000-01	Dec. 28-31	M-TH	8 am-4 pm

2-DAYS A WEEK (CAN SELECT ANY TWO DAYS)			
FEE: \$32 before 12/16, \$40 on or after 12/17			
318000-02	Dec. 28-31	M-TH	8 am-4 pm

3-DAYS A WEEK (CAN SELECT ANY THREE DAYS)			
FEE: \$48 before 12/16, \$60 on or after 12/17			
318000-03	Dec. 28-31	M-TH	8 am-4 pm

4-DAYS A WEEK			
FEE: \$64 before 12/16, \$80 on or after 12/17			
318000-04	Dec. 28-31	M-TH	8 am-4 pm

EXTENDED CARE: \$3/day for 7:00-8:00 am
\$3/day for 4:00-6:00 pm
(No pm extended care available on 12/31)

PRIVATE SWIM LESSONS

PRIVATE SWIM LESSONS

This program is designed for the person who wishes to participate in one-on-one instruction to better meet their swimming needs. All lessons will be conducted at the Liberty Community Center during open recreation hours. Prior to registering, contact must be made with the Aquatics Supervisor regarding availability and participant information. Full payment must be made at the time of the first class. This program is available on a first come, first served basis. This program is not available for online registration. For more information or to register, please contact Charles Anderson at cander-son@ci.liberty.mo.us.

FEE: \$95

AGES: 4 and up

LOCATION: LCC

ACTIVITY #	DATES	DAY
141100-01	Jan. 3-May 28	M-Su
141100-02	Jan. 10-May 28	M-Su
141100-03	Jan. 17-May 28	M-Su
141100-04	Jan. 24-May 28	M-Su
141100-05	Jan. 31-May 28	M-Su
141100-06	Feb. 7-May 28	M-Su
141100-07	Feb. 14-May 28	M-Su
141100-08	Feb. 21-May 28	M-Su
141100-09	Feb. 28-May 28	M-Su
141100-10	Mar. 6-May 28	M-Su
141100-11	Mar. 13-May 28	M-Su
141100-12	Mar. 20-May 28	M-Su
141100-13	Mar. 27-May 28	M-Su
141100-14	Apr. 3-May 28	M-Su
141100-15	Apr. 10-May 28	M-Su
141100-16	Apr. 17-May 28	M-Su
141100-17	Apr. 24-May 28	M-Su
141100-18	May 1-28	M-Su
141100-19	May 8-28	M-Su
141100-20	May 15-28	M-Su
141100-21	May 22-28	M-Su

SEMI-PRIVATE SWIM LESSONS

This program is designed for the person who wishes to participate in two-on-one instruction to better meet their swimming needs. All lessons will be conducted at the Liberty Community Center during open recreation hours. Prior to registering, contact must be made with the Aquatics Supervisor regarding availability and participant information. Full payment must be made at the time of the first class. This program is available on a first come, first served basis. This program is not available for online registration. For more information or to register, please contact Charles Anderson at cander-son@ci.liberty.mo.us.

FEE: \$75

AGES: 5 and up

ACTIVITY #	DATES	DAY
141101-01	Jan. 3-May 28	M-Su
141101-02	Jan. 17-May 28	M-Su
141101-03	Jan. 31-May 28	M-Su
141101-04	Feb. 14-May 28	M-Su
141101-05	Feb. 28-May 28	M-Su
141101-06	Mar. 13-May 28	M-Su
141101-07	Mar. 27-May 28	M-Su
141101-08	Apr. 10-May 28	M-Su
141101-09	Apr. 24-May 28	M-Su
141101-10	May 8-28	M-Su
141101-11	May 22-28	M-Su

SIGN UP FOR...



See Page 35 for details.

Aquatics / Swimming

For more information, please call 816-439-4374

SEMI-COMP SWIM LESSONS

Similar to private and semi-private lessons, this program is designed for a maximum of three participants who desire complete coaching during their swim practice. Complete workouts are provided to improve strength and endurance. The correction of deficiencies for the four main strokes, flip turns, and diving are provided. This program is not available for online registration. For more information or to register, please contact Charles Anderson at canderson@ci.liberty.mo.us.

FEE: \$70

AGES: 6 and up

LOCATION: LCC

ACTIVITY #	DATES	DAY
141102-01	Jan. 2-31	M-Su
141102-02	Feb. 1-29	M-Su
141102-03	Mar. 1-31	M-Su
141102-04	Apr. 1-30	M-Su
141102-05	May 1-31	M-Su

SPECIALTY AQUATIC PROGRAMS

LIBERTY STORM SWIM TEAM 2015 League Champions

The Liberty Parks and Recreation Department is a member of the METRO league, a B/C developmental league that stresses fundamentals, good sportsmanship and fun! Participants are coached on the proper stroke technique of the four main competitive swim strokes, strength training drills designed to increase cardiovascular output, & streamlining exercises. The Liberty Storm Swim Team is the ultimate step in skill progression. Swimmers need only swim the prerequisite of 25 meters unassisted and meet the age requirement. The Storm is a summer program available to youth ages 18 and under and is held in the outdoor pool.

ACTIVITY #	DATES	DAY	TIME	AGES
111400-01	Jun. 6-Jul. 16	M-S	9-10 am	8 & under
111400-02	Jun. 6-Jul. 16	M-S	8-9 am	9-11
111400-03	Jun. 6-Jul. 16	M-S	7-8 am	12-14
111400-04	Jun. 6-Jul. 16	M-S	7-8:30 am	15 & up

FEE: \$100 nonmember / \$95 member ON OR BEFORE 4/20
\$110 nonmember / \$105 member BEGINNING 4/21

DEADLINE: (All registrations will be accepted.)

AGES: 5-18

PARENTS' MEETING: Wednesday, April 20 @ 7:00 p.m.
Liberty Performing Arts Theater

DAYS / TIMES: Summer Program / Outdoor Pool
Practices, Monday-Friday beginning
Monday, June 6
7:00-8:30 a.m. (Ages 15 & up)
7:00-8:00 a.m. (Ages 12-14)
8:00-9:00 a.m. (Ages 9-11)
9:00-10:00 a.m. (Ages 8 & under)

The Liberty Storm Swim Team will be offering evening practices from June 6-June 30 from 4:45-5:45 p.m. in the main indoor pool. This time slot has been created for youth who attend EPIC or have other early am conflicts on a regular basis. (All other individuals should plan on attending the regularly scheduled program time slots as listed above.)

SWIM MEETS HELD SATURDAY MORNINGS

SWIM MEETS:

Sat. June 11, HOME (Quad meet; 2 individuals, no relays)

Sat. June 18, HOME vs. Grandview

Sat. June 25, @ Gladstone

Sat. July 2, BYE

Sat. July 9, HOME vs. Lee's Summit

Sat. July 16, HOME CHAMPIONSHIPS 2016

COACHES: Laurel Shoger, Shane Witzki,
& Michael Wienands

PRE-SEASON SWIM TEAM CONDITIONING (Indoors)

This pre-season swim team conditioning program focuses on strength training drills, endurance building, and streamlining. Complete workouts are provided and designed to increase lung capacity through cardiovascular conditioning, maximum swim stroke efficiency, and endurance training. Participants should be capable of developing a cutting edge over their competition by starting their swim season a week prior to the first day of practice. Become better focused and outperform your rivals!

This program is for swimmers who have previous experience on a swim team and have an understanding of the four main competitive swim strokes. Minimum age of 11 recommended. All requests for 10 and under need to be pre-approved through the coach. Upon completion of this program, swimmers are urged to consider participating in the SWIM TEAM STROKE CLINIC which places a heavy focus on the stroke technique of the four main competitive strokes, turns, and starting blocks.

FEE: \$35 for members / \$40 for nonmembers

AGES: 11-18

LOCATION: Indoor Main

ACTIVITY #	DATES	DAY	TIME
111006-01	May 16-20	M-F	4-5:30 pm

SIGN UP FOR...



See Page 35 for details.

Aquatics / Swimming

For more information, please call 816-439-4374

SWIM TEAM STROKE CLINIC (Indoors)

This swim team stroke clinic is designed to focus on proper stroke technique for freestyle, breast stroke, backstroke, and butterfly. Participants will have each stroke broken down into individual components to focus on arm extension, breathing, and kicking. Workouts will be designed to increase cardiovascular output, stamina, & streamlining. Additionally, flips turns and racing dives from starting blocks will round out this program. This program is an excellent place for new swim team participants to experience a "coaching" format for instruction verses a group swim lesson.

FEE: \$25 for members / \$30 for nonmembers

AGES: 5-10

LOCATION: Indoor Main

ACTIVITY #	DATES	DAY	TIME	AGES
111402-01	May 23-26	M-TH	3:30-4:35 pm	11 & up
111402-02	May 23-26	M-TH	4:35-5:50 pm	10 & under

COMPETITIVE SWIM TEAM MAINTENANCE & CONDITIONING

This pre-season swim team conditioning & maintenance program places a heavy emphasis on strength training, building distance, and maximizing the least amount of water resistance. Participants will be provided daily workouts designed to increase cardiovascular output, stamina, & streamlining. Coaching will include the correction of deficiencies on freestyle, breaststroke, backstroke, and butterfly. This program is designed for participants who have previous experience on a swim team and have a solid understanding of the four main competitive swim strokes.

Minimum age of 11 recommended. All requests for 10 and under need to be pre-approved through the coach. Upon completion of this program, swimmers are urged to consider participating in the SWIM TEAM STROKE CLINIC which places a heavy focus on the stroke technique of the four main competitive strokes, turns, and starting blocks.

FEE: \$90 for members / \$95 for nonmembers

MAXIMUM: 15 participants / class

COACH: Laurel Shoger, laurelshoger@gmail.com

AGES: 9 and up

ACTIVITY #	DATES	DAY	TIME
111401-01	Feb. 22-Mar. 16	M,W	5-6 pm
111401-02	Feb. 23-Mar. 17	T,TH	4:30-5:30 pm
111401-03	Mar. 21-Apr. 13	M,W	5-6 pm
111401-04	Mar. 22-Apr. 14	T,TH	4:30-5:30 pm
111401-05	Apr. 18-May 11	M,W	5-6 pm
111401-06	Apr. 19-May 12	T,TH	4:30-5:30 pm



TRIATHLON CONDITIONING

This swim conditioning program is designed for triathlon participants who wish to focus on strength training drills, endurance building, stroke refinement, and streamlining. Complete workouts will be provided to participants to increase their ability to perform stronger during their upcoming season with these intense cardiovascular conditioning workouts. Individuals can expect to be placed in lap lanes with other like individuals of similar swimming ability to allow for maximum program benefit and individual accomplishment. This program is perfect for Triathlon participants and individuals who compete in Masters swim programs.

FEE: \$65 for members / \$70 for nonmembers

COACH: Laurel Shoger, laurelshoger@gmail.com

AGES: 16 and up

ACTIVITY #	DATES	DAY	TIME
141300-01	Jan. 5-Feb. 11	T,TH	5:45-6:45 am
141300-02	Feb. 16-Mar. 24	T,TH	5:45-6:45 am
141300-03	Apr. 5-May 12	T,TH	5:45-6:45 am

KIDS' MINI TRIATHLON AQUATIC PREP – NEW!

This program is designed for youth who are planning on participating in upcoming Triathlons in 2016. Participants are taught strength training drills, endurance building, and stroke refinement. Free style swim exercises will include proper stroke technique, the development of "sighting" for open water, sprints for speed, and recovery strokes such as breaststroke and backstroke when rest is required.

FEE: \$31 for members / \$36 for nonmembers

COACH: Laurel Shoger, laurelshoger@gmail.com

AGES: 7-18

ACTIVITY #	DATES	DAY	TIME
111301-01	Jan. 9-Feb. 13	S	11 am-12 pm
111301-02	Feb. 27-April 2	S	11 am-12 pm
111301-03	Apr. 16-May 21	S	11 am-12 pm

SIGN UP FOR...



See Page 35 for details.

Aquatics / Swimming

For more information, please call 816-439-4374

LIFEGUARD COURSE ELLIS & ASSOCIATES

The Liberty Parks & Recreation Department uses Ellis & Associates International Lifeguard Training Program to certify our lifeguards and other participants interested in obtaining their lifeguard training certification. The course fee includes adult, child, and infant CPR plus all test costs. Participants are taught how to anticipate, recognize, and respond to an aquatic emergency. Skills obtained during this program include rescue techniques for a guest in distress on the surface of the water, below the surface, and fully submerged (conscious & unconscious). Other program skills taught include the application of supplemental oxygen, the use of a bag-valve-mask, first aid, and AED application. Before registering, please check the facility in which you wish to work regarding their client status. This program is not recommended for facilities not approved by Ellis & Associates Inc.

DAYS / TIMES: Friday, 6:00-10:00 pm
Saturday, 9:00-5:00 pm
Sunday, 9:00-5:00 pm
(All class end times are subject to change due to class size.)

NEW CERTIFICATION FEE: \$145 member / \$150 nonmember
AGES: 15 and up

ACTIVITY #	DATES	DAY
141200-01	Mar. 11-13	F-Su
141200-03	Apr. 15-17	F-Su
141200-06	May 13-15	F-Su

RE-CERTIFICATION

Participants applying for re-certification should plan to attend the re-certification session listed below. However, if you are unable to attend on the re-certification date, you may attend a new certification session on Sunday at the re-certification price. Please note, recertification is only for individuals who currently have a valid E&A certification and is not expired by 45 days.

FEE: \$85 for members / \$90 for nonmembers

ACTIVITY #	DATES	DAY	TIME
141200-02	Mar. 13	Su	9 am-5 pm
141200-04	Apr. 17	Su	9 am-5 pm
141200-05	May 8	Su	9 am-5 pm
141200-07	May 15	Su	9 am-5 pm



SIGN UP FOR...



See Page 35 for details.

Community Programs

For more information, please call 816-439-4367



**Youth Scholarship Assistance
for Programs –
see page 34 for details.**

ADULT EDUCATIONAL

AARP SAFE DRIVING CLASS

Keep your driving skills sharp and lower your insurance rate at the same time with the AARP Driver Safety Course. No tests given and no AARP membership card required. Reserve your spot at least one week in advance of each class.

AGES: 45 and up

AARP MEMBER

FEE: \$15

ACTIVITY #	DATES	DAY	TIME	LOCATION
132200-01	Mar. 5	S	9 am-1 pm	LCC

AARP NONMEMBER

FEE: \$20

ACTIVITY #	DATES	DAY	TIME	LOCATION
132200-02	Mar. 5	S	9 am-1 pm	LCC

ART

YOUNG REMBRANDTS - ART

Young Rembrandts is an award-winning art enrichment program, focusing on teaching children to draw using demonstration and a structured step-by-step process. Through the process of weekly instruction, students are exposed to a wide variety of subject matter, artistic concepts, art history and mastery of their materials. Young Rembrandts has a passion for art and children and bring excellence to every aspect of our daily interactions.

FEE: \$77

AGES: 5-11

ACTIVITY #	DATES	DAY	TIME
112000-01	Jan. 11-Apr. 4	M	3:45-4:45 pm
	LOCATION LEWIS&CLARK		
112000-02	Jan. 13-Feb. 24	W	4:10-5:10 pm
	LOCATION LILLIAN SCHUMACHER		
112000-03	Mar. 2-Apr. 20	W	4:10-5:10 pm
	LOCATION LILLIAN SCHUMACHER		
112000-04	Jan. 13-Feb. 24	W	2:50-3:50 pm
	LOCATION MANOR HILL		
112000-05	Mar. 2-Apr. 20	W	2:50-3:50 pm
	LOCATION MANOR HILL		
112000-06	Jan. 14-Mar. 3	TH	3:45-4:45 pm
	LOCATION ALEXENDAR DONIPHAN		
112000-07	Mar. 10-Apr. 28	TH	3:45-4:45 pm
	LOCATION ALEXENDAR DONIPHAN		
112000-08	Jan. 15-Feb. 26	F	4:10-5:10 pm
	LOCATION KELLYBROOK		
112000-09	Mar. 4-Apr. 22	F	4:10-5:10 pm
	LOCATION KELLYBROOK		
112000-10	Jan. 22-Apr. 8	F	2:50-3:50 pm
	LOCATION LIBERTY OAKS		
112000-11	Jan. 15-Mar. 4	F	3:45-4:45 pm
	LOCATION SHOAL CREEK		
112000-12	Mar. 11-Apr. 29	F	3:45-4:45 pm
	LOCATION SHOAL CREEK		

Community Programs

For more information, please call 816-439-4367

CAMPS

YOUTH DAY CAMP

Our Youth Day Camp gives school-aged kids an experience that can last a life time. Camp cultivates young people's understanding and appreciation of nature, community, and self. Camp provides athletic and educational experiences which helps to develop a camper's life skills through group activities. Kids will discover friendships and core character values that build self-esteem and leadership skills. We emphasize the importance of safety which then promotes an atmosphere of respect and trust that encourages children to enhance their personal skills through new challenges.

AGES: 5-11

SPRING BREAK CAMP

REGISTRATION DEADLINE: 03/14/2016

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
1-DAY A WEEK (CAN SELECT ANY DAY)			
FEE: \$17 for members / \$22 for nonmembers			
118001-01	Mar. 21-24	M-TH	8 am-4 pm

2-DAYS A WEEK (CAN SELECT ANY TWO DAYS)			
FEE: \$39 for members / \$44 for nonmembers			
118001-02	Mar. 21-24	M-TH	8 am-4 pm

3-DAYS A WEEK (CAN SELECT ANY THREE DAYS)			
FEE: \$61 for members / \$66 for nonmembers			
118001-03	Mar. 21-24	M-TH	8 am-4 pm

4-DAYS A WEEK			
FEE: \$80 for members / \$85 for nonmembers			
118001-03	Mar. 21-24	M-TH	8 am-4 pm

MEMORIAL WEEK CAMP

REGISTRATION DEADLINE: 05/24/2016

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
1-DAY A WEEK (CAN SELECT ANY DAY)			
FEE: \$17 for members / \$22 for nonmembers			
118000-01	May 31-Jun. 3	T-F	8 am-4 pm

2-DAYS A WEEK (CAN SELECT ANY TWO DAYS)			
FEE: \$39 for members / \$44 for nonmembers			
118000-02	May 31-Jun. 3	T-F	8 am-4 pm

3-DAYS A WEEK (CAN SELECT ANY THREE DAYS)			
FEE: \$61 for members / \$66 for nonmembers			
118000-03	May 31-Jun. 3	T-F	8 am-4 pm

4-DAYS A WEEK			
FEE: \$80 for members / \$85 for nonmembers			
118000-04	May 31-Jun. 3	T-F	8 am-4 pm

EXTENDED CARE: \$5/day for 7:00-8:00 am & 4:00-6:00 pm IF NEEDED

PET

DOG OBEDIENCE

Rosmarie has been teaching Dog Training classes for the past 20 years. The classes are based on the AKC (American Kennel Club) Canine Good Citizen Program (CGC) of which she is a registered evaluator. The Beginner Classes work on skills needed in everyday life, housebreaking, grooming, problem solving and more. The Advance Classes are for owners who would like to continue training and could have an interest in showing at AKC trials or doing therapy work.

FEE: \$55 for members / \$60 for nonmembers

INSTRUCTOR: Rosmarie VonFintel

OWNER AGES: 7 and up

LOCATION: LCC

BEGINNER CLASSES

ACTIVITY #	DATES	DAY	TIME
142600-01	Jan. 6-Feb. 10	W	6-7 pm
142600-03	Feb. 24-Mar. 30	W	6-7 pm
142600-05	Apr. 13-May 18	W	6-7 pm

ADVANCED CLASSES

ACTIVITY #	DATES	DAY	TIME
142600-02	Jan. 6-Feb. 10	W	7-8 pm
142600-04	Feb. 24-Mar. 30	W	7-8 pm
142600-06	Apr. 13-May 18	W	7-8 pm

TRIPS

ADULT DAY TRIPS

NEW THEATRE RESTAURANT – MOON OVER BUFFALO

In this hilarious comedy two fading stars of the 1950s are playing a comedy and a drama in rotation in Buffalo, New York. On the brink of a disastrous split-up, they receive word that they might just have one last shot at regaining their stardom. One perfect performance is all they need. Unfortunately, everything that could go wrong does go wrong and no one on stage knows if they're in the drama or the comedy! Advance payment required. No refunds.

Fee includes: Ticket to performance, gourmet lunch, transportation and gratuity.

FEE: \$57

REGISTRATION DEADLINE: 12/01/2015

AGES: 50 and up

ACTIVITY #	DATES	DAY	TIME	LOCATION
135400-01	Mar. 2	W	11 am-4 pm*	LCC

**The end times listed are only an estimate*

SIGN UP FOR...



COMMUNITY Liberty Parks & Rec

CONNECTIONS

See Page 35 for details.

Fitness & Wellness

For more information, please call 816-439-4376



COMMIT TO GET FIT

- *One workout per week with your coach / trainer
- *Weigh in / body fat weekly with trainer – right before, during after workout for that week
- *Winners: Team with highest percent body fat lost, male biggest loser and female biggest loser (body fat)

FEE: \$50 for members / \$75 for nonmembers

REGISTRATION DEADLINE: 01/05/2016

LENGTH OF PROGRAM: 8 Weeks

KICKOFF BREAKFAST: Saturday, January 9 at 10 am at the Liberty Community Center

WEIGH-INS:

- Friday, January 8, 9 am-1 pm / 4-7 pm
- Saturday, January 9, 10 am-12 pm

WORKOUTS BEGIN: Monday, January 11

WORKOUTS END: Sunday, March 6

FINAL CELEBRATION: Friday, March 11 at 6:30 pm at the Liberty Community Center

GROUP FITNESS CLASSES

COMPLIMENTARY FITNESS SCHEDULE

Please see www.ci.liberty.mo.us/LCCSchedules or call our Fitness Supervisor at 816-439-4376 for an updated version of our fitness schedule.

PERSONAL TRAINING

PRIVATE PERSONAL TRAINING PACKAGES

Our Personal Trainers will get you started with a personal training program. The first session is used to complete the mandatory fitness assessment which is required for all new clients.

3/one-hour sessions	\$120 (\$40 per session)
6/one-hour sessions	\$225 (\$37.50 per session)
12/one-hour sessions	\$420 (\$35 per session)
Ala Carte (Pick any # of sessions)	\$45 per session

SEMI-PRIVATE PERSONAL TRAINING PACKAGES

An economical and fun alternative for two people to start and stay in shape with a Personal Trainer! Sessions must be used within three months from date of purchase.

3/one-hour sessions	\$150 (\$50 per session)
6/one-hour sessions	\$285 (\$47.50 per session)

SIGN UP FOR...



See Page 35 for details.

Fitness & Wellness

For more information, please call 816-439-4376



FULL FITNESS CONSULTATION

A one-hour meeting with a Personal Trainer that will provide participants a complete physical fitness evaluation. This program will assess current fitness levels, identify training needs and select training regimens. Participants should abstain from smoking and/or eating two hours prior to the test. To schedule an appointment or to find out more information, please contact 816-439.4376.

One-hour session

FEE: Member-Complimentary / \$30 for nonmembers

TWEEN ORIENTATION

Youth ages 9-12 years old will be trained how to properly use several pieces of strength training and cardiovascular equipment by a certified Personal Trainer. Once the orientation is complete, the youth will be permitted to utilize the selected pieces on their own. A Tween Orientation lanyard must be worn at all times while on the Wellness Center floor. The lanyards are available at the Welcome Desk and must be returned when workout is complete.

30 minutes – Complimentary, members ONLY

SPECIALTY FITNESS

TAI CHAI

Tai Chi combines mental focus with deliberate graceful movements that improves strength, agility, flexibility, coordination, and balance. Tai Chi can help to lower blood pressure while relieving muscle tension and arthritis pain. It's good for mind and body. Let Tai Chi help you reduce life stress. The Center for Disease Control (CDC) has recognized Tai Chi for Arthritis as evidence-based for effective fall prevention.

FEE: \$60 for members / \$65 for nonmembers

AGES: 18 and up

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
122800-01	Jan. 27-Apr. 6	W	1:30-2:30 pm
122800-02	Apr. 20-May 25	W	1:30-2:30 pm



Senior Adult Programs

For more information, please call 816-439-4368



GAMES AND CARDS

BINGO

Monday and Friday, 9:15-11:15 am. No pre-registration necessary. Cost is \$.75 per card. Prizes awarded to winners.

BRIDGE

Every Thursday, 10:00 am-2:00 pm (break for lunch). Cost: \$2.00 (for lunch). Knowledge of the game is required. If you are coming to play for the first time, ask for Glowa Shives, who will help you find a partner. Call 439-4368, 24 hours in advance.

BUNCO

First Thursday each month, 9:30 am-1:00 pm (break for lunch). Cost: \$2.00 (for lunch). Bunco is a social dice game involving luck, scoring, and a simple set of rules. Grab your friends and join us for this fun, addictive game. Call 439-4368, 24 hours in advance to make lunch reservations.

PINOCHLE

Every Wednesday, 9:00 am-1:00 pm (break for lunch). Cost \$2.00 (for lunch). Call 439-4368, 24 hours in advance for lunch reservations.

HAND AND FOOT (a form of Canasta)

Every Tuesday and Thursday 10:00 am-2:00 pm (break for lunch). Come on either day to learn and enjoy playing Canasta. It is a game for four or six players, played with five decks of cards and related to Rummy. New members are welcome. Call 439-4368, 24 hours in advance to make lunch reservations.

CLUBS AND GROUPS

SILVER STITCHERS

Enjoy fellowship and fun as you craft. Join this lively group who knit, crochet, and do needlework each week. You can bring a project you are currently working on, learn a craft technique, or spend your time completing a craft for a local charity. The group welcomes new members and drop in participation. Call 439-4368 for more details.

DAYS: Monday, Tuesday, Wednesday,
& Friday each week

TIME: 9:00-11:30 am

Senior Adult Programs

For more information, please call 816-439-4368

INTERDENOMINATIONAL BIBLE STUDY

Has it been a while since you have studied common Bible stories? Have you wondered how they apply to your life today? Join Jody Crawford as she shares Bible lessons and helps you to apply them to your every day life.

DAY: First, Third & Fifth Tuesday of every month
(January - May)

TIME: 12:30-2:00 pm

REGISTRATION: Please call 439-4368 to let us know you plan to attend.

GRIEF SUPPORT GROUP

Facilitated by Debbie Cameron from Three Rivers Hospice, this group provides a supportive atmosphere where participants can share experiences and learn techniques to help navigate life after the loss of a loved one. New members are welcome to join at any time.

DAY: First & Third Friday of every month
(January - May)

TIME: 1:30-3:00 pm

REGISTRATION: Please call 439-4368 to let us know you plan to attend.

EDUCATIONAL PROGRAMS

AARP SAFE DRIVING CLASS

Keep your driving skills sharp and lower your insurance rate at the same time with the AARP Driver Safety Course. No tests given and no AARP membership card required. Reserve your spot at least one week in advance of each class.

AGES: 45 and up

AARP MEMBER

FEE: \$15

ACTIVITY #	DATES	DAY	TIME	LOCATION
132200-01	Mar. 5	S	9 am-1 pm	LCC

AARP NONMEMBER

FEE: \$20

ACTIVITY #	DATES	DAY	TIME	LOCATION
132200-02	Mar. 5	S	9 am-1 pm	LCC

DROP-IN COMPUTER LAB

The computer lab is open for drop in use Monday through Friday from 9:00 am-1:00 pm

SPECIAL SERVICES

WELLNESS WEDNESDAYS

Liberty Silver Center is partnering with Focus Health to offer free blood pressure screenings and health presentations the third Wednesday each month. Presentation from 11:15-11:45 am.

DAYS: Wednesday, January 20
Wednesday, February 17
Wednesday, March 16
Wednesday, April 20
Wednesday, May 18

TIME: 11:00 am-Noon

REGISTRATION: Pre-registration is requested.
Please call 439-4368 to register

SOCIAL

SOUP-ER BOWL POTLUCK PARTY

Bring your "A" game and appetite! We will celebrate the upcoming Super Bowl® game with activities and tasty soup. Dress in your favorite sports team colors and bring a side to share.

DATE: Friday, January 29

FEE: \$2.00 per person + Side Dish /
\$5.00 without Dish

TIME: 10:30 am-Noon

REGISTRATION DEADLINE: Friday, January 22; Call the Liberty Silver Center to register 439-4368 or stop by the Silver Center to register in person.

VALENTINE POTLUCK

We will celebrate this holiday with special music and a potluck lunch. Bring a covered dish; make sure it's labeled and accompanied by a serving utensil. We will provide the beverages/tableware.

DATE: Friday, February 12

FEE: \$2.00 per person + Side Dish /
\$5.00 without Dish

TIME: 10:30 am-Noon

REGISTRATION DEADLINE: Friday, February 5; Call the Liberty Silver Center to register 439-4368 or stop by the Silver Center to register in person.

SIGN UP FOR...



See Page 35 for details.

Senior Adult Programs

For more information, please call 816-439-4368

ST. PATRICK'S DAY CELEBRATION

There will be lots of games and fun at this party. Wear green and you could win a prize. Musical entertainment will be provided to get you in the holiday spirit.

DATE: Thursday, March 17

FEE: \$2.00 per person + Side Dish /
\$5.00 without Dish

TIME: 10:30-11:30 am

REGISTRATION DEADLINE: Friday, March 11; Please call 439-4368 to register.

CINCO DE MAYO POTLUCK PARTY

Let the Fiesta begin! Bring your amigos for the most caliente celebration North of the Border. We'll celebrate Hispanic culture and enjoy a taco bar with chips and salsa. Popular musician, Gino Bueno, will get you up and dancing. Dress in red, white, or green and bring a dish to share (it can be Mexican or a side of your own choosing).

DATE: Thursday, May 5

FEE: \$2.00 per person + Side Dish /
\$5.00 without Dish

TIME: 10:30 am-12:30 pm

REGISTRATION DEADLINE: Friday, April 29; Please call 439-4368 to register.

HAPPY BIRTHDAY LUNCH

Each month, on the third Friday, the Liberty Silver Center has a **Happy Birthday** lunch for everyone celebrating a birthday during that calendar month. The Country Hoe Down Band will be the live performance. Space is limited; please call by noon on the Friday prior. Please let us know if you are a birthday honoree.

DATE: January 15
February 19
March 18
April 15
May 20

FEE: Free to the birthday honorees;
otherwise,
\$2.00 donation

TIME: Band plays 10:30-11:30 am;
lunch is served at 11:30 am

REGISTRATION: Pre-registration is requested. Please call 439-4368 to register.

TRAVEL & LEISURE

NEW THEATRE RESTAURANT MOON OVER BUFFALO

In this hilarious comedy two fading stars of the 1950s are playing a comedy and a drama in rotation in Buffalo, New York. On the brink of a disastrous split-up, they receive word that they might just have one last shot at regaining their stardom. One perfect performance is all they need. Advance payment required. No refunds.

Fee includes: Ticket to performance, gourmet lunch, transportation and gratuity.

FEE: \$57

REGISTRATION DEADLINE: 12/01/2015

AGES: 50 and up

ACTIVITY #	DATES	DAY	TIME	LOCATION
135400-01	Mar. 2	W	11 am-4 pm*	LCC

**The end times listed are only an estimate*

LEISURE LUNCHERS

Get ready to experience different restaurants with a group of fun people. The last Wednesday of the month we'll go to a restaurant around town and have a relaxing lunch. Meet at the restaurant by 11:15 am and come hungry. Please call in advance so we can request a table to accommodate everyone in the group.

DAY: Wednesday, Jan. 27 - Luigi's
Wednesday, Feb. 24 - Qdoba
Wednesday, March 30 - Cracker Barrel
Wednesday, April 27 - Rancho Grande
Wednesday, May 25 - Ihop

TIME: 11:15 am meet at the restaurant

FEE: Each person pays for their own meal

FITNESS

TAI CHI

Tai Chi combines mental focus with deliberate graceful movements that improves strength, agility, flexibility, coordination, and balance. Tai Chi can help to lower blood pressure while relieving muscle tension and arthritis pain. It's good for mind and body. Let Tai Chi help you reduce life stress. The Center for Disease Control (CDC) has recognized Tai Chi for Arthritis as evidence-based for effective fall prevention.

FEE: \$60 for members / \$65 for nonmembers

AGES: 18 and up

LOCATION: LCC

ACTIVITY #	DATES	DAY	TIME
122800-01	Jan. 27-Apr. 6	W	1:30-2:30 pm
122800-02	Apr. 20-May 25	W	1:30-2:30 pm

Youth Sports

For more information, please call 816-439-4389



**Youth Scholarship Assistance
for Programs –
see page 34 for details.**

BITTY SPORTS (2.5-5 YEARS OF AGE)

BITTY BASKETBALL – WINTER

An instructional, four-week basketball clinic for boys and girls ages 3-5. Children will learn the fundamentals of shooting, passing, dribbling, and running the court while having a positive, fun experience with other children of the same age. Participants receive a T-shirt and medal. Snacks and drinks will be provided at the conclusion of each night. This program needs parent volunteers to help teach the skills and fundamentals. All volunteers will receive a T-shirt.

FEE: \$35 for members / \$40 for nonmembers

AGES: 3-5

ACTIVITY #	DATES	DAY	TIME	LOCATION
317200-01	Jan. 8-29	F	6:15-7:15 pm	ALEXD
317200-02	Jan. 9-30	S	9-10 am	ALEXD
317200-03	Feb. 5-26	F	6:15-7:15 pm	ALEXD

BITTY PROGRAM – SPRING SOCCER

An instructional, four-week soccer clinic for boys and girls ages 2.5-5. Children will learn the fundamentals of soccer with an emphasis on skill progression, teamwork and sportsmanship. Participants will receive a T-shirt and medal. Parent volunteers are encouraged for this program. Snacks and drinks will be provided at the conclusion of each night. This program needs parent volunteers to help teach the skills and fundamentals. All volunteers will receive a T-shirt.

FEE: \$35 for members / \$40 for nonmembers

BITTY SOCCER SECTIONS:

AGES: 4-5

ACTIVITY #	DATES	DAY	TIME	LOCATION
117202-01	Apr. 5-26	TU	6-7 pm	FBSC
117202-02	Apr. 7-28	TH	6-7 pm	FBSC
117202-03	May 2-23	M	6-7 pm	FBSC
117202-04	May 4-25	W	6-7 pm	FBSC

ITTY BITTY SOCCER SECTIONS:

AGES: 2.5-3

ACTIVITY #	DATES	DAY	TIME	LOCATION
117201-01	Apr. 5-26	TU	6-7 pm	FBSC
117201-02	Apr. 7-28	TH	6-7 pm	FBSC
117201-03	May 2-23	M	6-7 pm	FBSC
117201-04	May 4-25	W	6-7 pm	FBSC

Youth Sports

For more information, please call 816-439-4389

BASEBALL/SOFTBALL LEAGUES

YOUTH BASEBALL/SOFTBALL SPRING RECREATIONAL LEAGUE

An instructional league to develop an understanding of rules, teamwork, fundamentals, and sportsmanship. Season consists of an eight (8) game regular season schedule. Games will be played weeknight evenings, except T-ball which will primarily play on Saturday's. Specific practice times and locations will be provided by the coaches. Participation awards will be given to all players; game jerseys and hats will be given to all teams. Scores and standings will not be kept for this league.

T-BALL FEES:

\$57 for members / \$63 for nonmembers on/before 03/12

\$67 for members / \$73 for nonmembers on/after 03/13

7U-12U FEES:

\$69 for members / \$74 for nonmembers on/before 03/12

\$79 for members / \$84 for nonmembers on/after 03/13

REGISTRATION DEADLINE: 03/19/2016

ACTIVITY #	DATES	DAY	TIME
T-BALL DIVISION (COED)			
117002-01	Apr. 1-Jul. 3	ANY	6-10 pm
7U DIVISION (BASEBALL)			
117002-02	Apr. 1-Jul. 3	ANY	6-10 pm
8U DIVISION (BASEBALL)			
117002-03	Apr. 1-Jul. 3	ANY	6-10 pm
9/10U DIVISION (BASEBALL)			
117002-04	Apr. 1-Jul. 3	ANY	6-10 pm
11/12U DIVISION (BASEBALL)			
117002-05	Apr. 1-Jul. 3	ANY	6-10 pm
7U DIVISION (SOFTBALL)			
117002-06	Apr. 1-Jul. 3	ANY	6-10 pm
8U DIVISION (SOFTBALL)			
117002-07	Apr. 1-Jul. 3	ANY	6-10 pm
9/10U DIVISION (SOFTBALL)			
117002-08	Apr. 1-Jul. 3	ANY	6-10 pm
11/12U DIVISION (SOFTBALL)			
117002-09	Apr. 1-Jul. 3	ANY	6-10 pm

YOUTH BASEBALL – SPRING COMPETITIVE LEAGUE

This competitive baseball program offers leagues for ages 8U - 16U. Within each age classification, we will offer a A/AA division and a AAA/Maj division. These leagues are designed for any team and competitive level. Each team registering for the league will receive their 2016 USSSA Sanction fee paid for and 100 USSSA team points. This is a full team registration only league. No individual registrations will be accepted.

REGISTRATION DEADLINE: 04/04/2016

LOCATION FOR ALL DIVISIONS: FBSC

AGES DIVISION: 8U MACHINE PITCH

FEE: \$850

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-01	Apr. 11-May 26	M-TH	6-9 pm	OPEN

AGES DIVISION: 9U

FEE: \$950

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-02	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-03	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 10U

FEE: \$950

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-04	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-05	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 11U

FEE: \$950

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-06	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-07	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 12U

FEE: \$950

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-08	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-09	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 13U

FEE: \$1,050

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-10	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-11	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 14U

FEE: \$1,050

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-12	Apr. 11-May 26	M-TH	6-9 pm	A/AA
117000-13	Apr. 11-May 26	M-TH	6-9 pm	AAA/MAJOR

AGES DIVISION: 15/16

FEE: \$950

ACTIVITY #	DATES	DAY	TIME	COMP LEVEL
117000-14	Apr. 11-May 26	M-TH	6-9 pm	OPEN



Youth Sports

For more information, please call 816-439-4389

YOUTH SOFTBALL – SPRING COMPETITIVE LEAGUE

This competitive softball program offers leagues for ages 8U - 16U. Within each age classification, we will offer multiple divisions to make sure each team is at the appropriate competitive level. These leagues are designed for any team and competitive level. Each team registering for the league will receive their 2016 USSSA Sanction fee paid for and 100 USSSA team points. This is a full team registration only league, no individual registrations will be accepted.

REGISTRATION DEADLINE: 04/06/2016

LOCATION FOR ALL DIVISIONS: FBSC

AGES DIVISION: U8 MACHINE PITCH

FEE: \$800

ACTIVITY #	DATES	DAY	TIME
117001-01	Apr. 11-May 23	M	6-10 pm

AGES DIVISION: U10

FEE: \$800

ACTIVITY #	DATES	DAY	TIME
117001-02	Apr. 11-May 23	M	6-10 pm

AGES DIVISION: U12

FEE: \$800

ACTIVITY #	DATES	DAY	TIME
117001-03	Apr. 11-May 23	M	6-10 pm

AGES DIVISION: U14

FEE: \$800

ACTIVITY #	DATES	DAY	TIME
117001-04	Apr. 11-May 23	M	6-10 pm

AGES DIVISION: U16

FEE: \$800

ACTIVITY #	DATES	DAY	TIME
117001-05	Apr. 11-May 23	M	6-10 pm

CHEERLEADING

CHEER FOR FUN

Does your child love to cheer, dance and tumble? Experience the World of All-Star Cheerleading without the high cost. These cheer squads are designed for the families that would like the flexibility of the one day a week scheduling while still benefiting from the team atmosphere and performing in the Missouri area! This class runs year round and routines designed for the "Tigers" kids 9 up!

FEE: \$50 for members / \$55 for nonmembers

AGES: 9-17

ACTIVITY #	DATES	DAY	TIME	LOCATION
117502-01	Jan. 4-25	M	6:45-8 pm	LCC
117502-02	Feb. 1-29	M	6:45-8 pm	LCC
117502-03	Mar. 7-28	M	6:45-8 pm	LCC
117502-04	Apr. 4-25	M	6:45-8 pm	LCC
117502-05	May 2-30	M	6:45-8 pm	LCC



CHEER 4 TINY TIGERS

Does your child love to cheer, dance and tumble? Experience the World of All-Star Cheerleading without the high cost. This cheer squad class runs year round and routines designed for the "Tiny Tigers" kids 4-8 yrs. Flexibility of the one day a week scheduling while still benefiting from the team atmosphere and performing in the Missouri area with kids their own age!

FEE: \$50 for members / \$55 for nonmembers

AGES: 4-8

ACTIVITY #	DATES	DAY	TIME	LOCATION
117504-01	Jan. 4-25	M	5:30-6:45 pm	LCC
117504-02	Feb. 1-29	M	5:30-6:45 pm	LCC
117504-03	Mar. 7-28	M	5:30-6:45 pm	LCC
117504-04	Apr. 4-25	M	5:30-6:45 pm	LCC
117504-05	May 2-30	M	5:30-6:45 pm	LCC

FENCING

FENCING – YOUTH BEGINNERS

The goal of this class is to give the beginning fencer a solid understanding of the basics of fencing and to prepare them to enter a Recreational Class where they could both hold their own and understand the instruction being given. Beginners are introduced to the sport of fencing through movement education and exploration. All equipment is provided. Please wear comfortable gym clothes, such as sneakers and warm-up pants (no shorts).

FEE: \$75 for members / \$80 for nonmembers

AGES: 11-13

ACTIVITY #	DATES	DAY	TIME	LOCATION
117300-01	Jan. 8-29	F	4:30-5:30 pm	LCC
117300-02	Feb. 5-26	F	4:30-5:30 pm	LCC
117300-03	Mar. 4-25	F	4:30-5:30 pm	LCC

Youth Sports

For more information, please call 816-439-4389



FLAG FOOTBALL

YOUTH FLAG FOOTBALL SPRING COMPETITIVE LEAGUE

Liberty Parks & Recreation Youth Flag Football program is introducing a competitive league for both boys and girls 8U through 14U grade. This program is designed to further develop an understanding of rules, fundamentals, teamwork and sportsmanship. Games will be played on Saturdays at Fountain Bluff Sports Complex. Practices are held twice per week before games start, then once per week after games begin at fields throughout Liberty. Scores and standings will be kept throughout the season and a champion will be crowned. Volunteers are needed as coaches for this program. If you are interested in volunteering, please check the box when registering. If you are registering as a full team, you are indicating that you have a full roster at the time of registration. A full roster consists of anywhere between 8-12 individuals and individuals will not be placed on full teams. A roster form stating each individual on the team will need to be turned in by the registration deadline of 3/1/2016. If you are registering a partial team, all members of that team will need to register individually and a partial roster must be turned in by the registration deadline of 3/1/2016 to guarantee correct placement. If you are registering as an individual, you will be placed on teams with other individual registrants or on a partial team roster that needs additional players.

INDIVIDUAL FEE: \$80 for members / \$85 for nonmembers

TEAM FEE: \$620/team

REGISTRATION DEADLINE: 03/01/2016

AGES: 6-14

LOCATION: FBSC

ACTIVITY #	DATES	DAY	TIME
8U DIVISION			
117401-01	Apr. 4-May 15	S	9 am-6 pm
10U DIVISION			
117401-02	Apr. 4-May 15	S	9 am-6 pm
12U DIVISION			
117401-03	Apr. 4-May 15	S	9 am-6 pm
14U DIVISION			
117401-04	Apr. 4-May 15	S	9 am-6 pm

FULL TEAM REGISTRATION – ANY DIVISION

117401-05	Apr. 4-May 15	S	9 am-6 pm
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GOLF

YOUTH GOLF LESSONS

Cardinal Hill's Class A PGA Golf Professional will foster a fun and interactive environment for youth to begin learning the game of Golf. Instruction includes grip, stance, alignment, swing mechanics, short game, and the basic rules-etiquette of the game. Lessons will consist of approximately thirty minutes of group instruction followed by group practice, competitive games, golf course tour, & on course experience on the final day.

FEE: \$40 for members / \$45 for nonmembers

AGES: 8-18

LOCATION: CARDINAL HILL GOLF COURSE

ACTIVITY #	DATES	DAY	TIME
140603-01	May 4-25	W	5-5:45 pm

Youth Sports

For more information, please call 816-439-4389

GOLF SPRING BREAK CAMP

Cardinal Hill's Class A PGA Golf Professional will foster a fun and interactive environment for youth to begin learning the game of Golf. Instruction includes grip, stance, alignment, swing mechanics, short game, and the basic rules-etiquette of the game. Lessons will consist of approximately thirty minutes of group instruction followed by group practice, competitive games, golf course tour, on course experience on the final day, & lunch w/drink at the Clubhouse each day.

FEE: \$35

AGES: 8-18

LOCATION: CARDINAL HILL GOLF COURSE

ACTIVITY #	DATES	DAY	TIME
140604-01	Mar. 21-25	M,W,F	10 am-noon

GYMNASTICS/TUMBLING

TUMBLE WITH ME

This class is an imaginative and exciting introduction into the world of movement and tumbling. Ms. Wendy will show parents how to assist their child in learning basic skills, tumbling, and major motor skills. Through exploration of movement, they will move through the classroom with laughter and joy.

FEE: \$40 for members / \$45 for nonmembers

AGES: 1.5-4

ACTIVITY #	DATES	DAY	TIME	LOCATION
117551-01	Jan. 5-26	T	6-6:45 pm	LCC
117551-02	Feb. 2-23	T	6-6:45 pm	LCC
117551-03	Mar. 1-29	T	6-6:45 pm	LCC
117551-04	Apr. 5-26	T	6-6:45 pm	LCC
117551-05	May 3-31	T	6-6:45 pm	LCC

TINY TUMBLERS

This class is designed for 3 to 5 years old. Independent enough to attend classes without parent's assistance children in this age group still learn best in a structured environment where gymnastics activities are combined with a healthy dose of fun. Besides learning basic skills, tumbling, and major motor skills this class blends physical and social development.

FEE: \$40 for members / \$45 for nonmembers

AGES: 3-5

ACTIVITY #	DATES	DAY	TIME	LOCATION
117551-01	Jan. 5-26	T	6-6:45 pm	LCC
117551-02	Feb. 2-23	T	6-6:45 pm	LCC
117551-03	Mar. 1-29	T	6-6:45 pm	LCC
117551-04	Apr. 5-26	T	6-6:45 pm	LCC
117551-05	May 3-31	T	6-6:45 pm	LCC

JUMP START LEVEL 1

This gymnastics class is designed for 7-10 year olds. It's a fun and safe way for children to begin to develop confidence and coordination. Each class focuses on improving balance, flexibility, coordination and tumbling skills. Balance beam and floor exercises are introduced and each new skill is demonstrated. Come and make some new friends and have fun on the mats.

FEE: \$40 for members / \$45 for nonmembers

AGES: 7-10

ACTIVITY #	DATES	DAY	TIME	LOCATION
117500-01	Jan. 5-26	T	6:45-7:30 pm	LCC
117500-02	Feb. 2-23	T	6:45-7:30 pm	LCC
117500-03	Mar. 1-29	T	6:45-7:30 pm	LCC
117500-04	Apr. 5-26	T	6:45-7:30 pm	LCC
117500-05	May 3-31	T	6:45-7:30 pm	LCC

(No Class Jan. 17, Mar. 21, Apr. 4, May 23)

JUMP START LEVEL 2

Are you a teenager ok a pre-teen who hates being put in a class with a bunch of younger children? Well, we have a class for you, Jump Start Level 2. This gymnastics class is designed for 11-15 year olds. It is the perfect class for gymnasts working toward High School Gymnastics or Cheerleading. It is also a great class for staying in shape and making new friends!

FEE: \$40 for members / \$45 for nonmembers

AGES: 11-15

ACTIVITY #	DATES	DAY	TIME	LOCATION
117503-01	Jan. 5-26	T	7:30-8:15 pm	LCC
117503-02	Feb. 2-23	T	7:30-8:15 pm	LCC
117503-03	Mar. 1-29	T	7:30-8:15 pm	LCC
117503-04	Apr. 5-26	T	7:30-8:15 pm	LCC
117503-05	May 3-31	T	7:30-8:15 pm	LCC

GYMNASTICS – INVITE

Tumble invite is a more advance tumbling class. Participants must be accepted/invited into this program by Mrs. Wendy.

FEE: \$40 for members / \$45 for nonmembers

AGES: 5-13

ACTIVITY #	DATES	DAY	TIME	LOCATION
117501-01	Jan. 4-25	M	8-8:45 pm	LCC
117501-02	Feb. 1-29	M	8-8:45 pm	LCC
117501-03	Mar. 7-28	M	8-8:45 pm	LCC
117501-04	Apr. 4-25	M	8-8:45 pm	LCC
117501-05	May 2-30	M	8-8:45 pm	LCC

Youth Sports

For more information, please call 816-439-4389

MARTIAL ARTS

FASTKICK MARTIAL ARTS

FastKick Martial Arts and Sport Taekwondo offers classes that focus on more than just kicking and punching. Each class teaches the core of Taekwondo which is courtesy, integrity, self-control and indomitable spirit, alongside the physical skills kicking, blocking and self-defense. Students will learn Olympic style Taekwondo, self-defense, basic Taekwondo techniques, poomsae or forms, and coordination in a fun and high energy class. Taekwondo uniform included in price!

FEE: \$64 for members / \$69 for nonmembers

INSTRUCTOR: Master Mr. & Mrs. Doering

LOCATION: FASTKICK TKD

ACTIVITY #	DATES	DAY	TIME
AGES: 3-4			
117950-01	Jan. 4-Feb. 11	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-02	Jan. 7-Feb. 13	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15 am
117950-03	Feb. 29-Apr. 7	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-04	Mar. 3-Apr. 9	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15am
117950-05	Apr. 11-May 19	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-06	Apr. 14-May 21	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15 am

ACTIVITY #	DATES	DAY	TIME
AGES: 5-6			
117950-07	Jan. 4-Feb. 11	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-08	Jan. 7-Feb. 13	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15 am
117950-09	Feb. 29-Apr. 7	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-10	Mar. 3-Apr. 9	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15am
117950-11	Apr. 11-May 19	M,TH	(M) 6:05-6:35 pm (TH) 4:40-5:10 pm
117950-12	Apr. 14-May 21	TH,S	(TH) 4:40-5:10 pm (S) 9:30-10:15 am

ACTIVITY #	DATES	DAY	TIME
AGES: 7+			
117950-13	Jan. 4-Feb. 11	M,TH	(M) 5:30-6:00 pm (TH) 7:15-7:45 pm
117950-14	Jan. 7-Feb. 13	TH,S	(TH) 7:15-7:45 pm (S) 9:30-10:15 am



117950-15	Feb. 29-Apr. 7	M,TH	(M) 5:30-6:00 pm (TH) 7:15-7:45 pm
117950-16	Mar. 3-Apr. 9	TH,S	(TH) 7:15-7:45 pm (S) 9:30-10:15am
117950-17	Apr. 11-May 19	M,TH	(M) 5:30-6:00 pm (TH) 7:15-7:45 pm
117950-18	Apr. 14-May 21	TH,S	(TH) 7:15-7:45 pm (S) 9:30-10:15 am

ACTIVSTARS SELF-DEFENSE/KARATE PROGRAM

This program is designed to teach personal safety and martial arts in a fun and enthusiastic way. Children will learn the basic fundamentals of karate, break-free-and-run techniques, and more.

All ActivStars instructors are certified black belts.

FEE: \$7 per lesson plus \$10 registration fee, payable to "ActivStars" (Pay as you come or pre-pay fees)

AGES: 4-16

INSTRUCTOR: Contact ActivStars, 816-994-2644

DAYS: Tuesdays, January 19 - May 10, 2016

SCHEDULE:

- Beginner registration, 6:00-6:30 pm
- Beginner Class & Orientation, 6:30-7:30 pm
- Color Belt Registration, 7:30-8:00 pm
- Color Belt Class & Orientation, 8:00-9:00 pm
- **NOTE:** Specific class times will be assigned on registration day according to age and ability.

LOCATION: Liberty Community Center

RUGBY

RUGBY SPRING BREAK CAMP

Our rugby camp is designed for athletes to learn, develop, and enhance skills in all phases of rugby. We will provide the opportunity to become better rugby players. This rugby camps has been designed so that every player will have the opportunity to learn or improve their ability. This camp is offered for players of all ages and ability levels.

FEE: \$40

AGES: 8-18

ACTIVITY #	DATES	DAY	TIME	LOCATION
140605-01	Apr. 23	S	8 am-noon	STOCK

Youth Sports

For more information, please call 816-439-4389

SOCCER

YOUTH SOCCER – SPRING RECREATIONAL LEAGUE

Soccer league is for age divisions U6 through U12. Season consists of an eight (8) game regular season schedule. Participation awards will be given to all players; game jerseys given to all teams. Scores and standings will not be kept for this league. Games will be played weeknight evenings. Specific practice times and locations will be provided by the coaches.

FEES:

\$73 for members / \$78 for nonmembers before 01/28

\$83 for members / \$88 for nonmembers 01/29-02/04

REGISTRATION DEADLINE: 02/04/2016

AGES: 4-11

LOCATION: FBSC

ACTIVITY #	DATES	DAY	TIME
U6 DIVISION			
117700-01	Feb. 16-May 12	M,T,TH	6-10 pm
U8 DIVISION			
117700-02	Feb. 16-May 12	M,T,TH	6-10 pm
U10 DIVISION			
117700-03	Feb. 16-May 12	M,T,TH	6-10 pm
U12 DIVISION			
117700-04	Feb. 16-May 12	M,T,TH	6-10 pm

YOUTH SOCCER – SPRING COMPETITIVE LEAGUE

Soccer league is for age divisions U6 through U14. Season consists of ten (10) game regular season schedule. Scores and Standings will be kept. Individual and team awards will be given to 1st and 2nd place winners in each division. Teams must supply own uniforms and equipment. Games will be played on weekends.

REGISTRATION DEADLINE: 01/20/2016

AGES: 5-13

LOCATION: FBSC

ACTIVITY #	DATES	DAY	TIME
AGE DIVISION: U6			
TEAM FEE: \$450/team			
117701-09	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U7			
TEAM FEE: \$650/team			
117701-08	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U8			
TEAM FEE: \$650/team			
117701-01	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U9			
TEAM FEE: \$800/team			
117701-02	Feb. 6-May 12	S	8 am-8 pm

ACTIVITY #	DATES	DAY	TIME
AGE DIVISION: U10			
TEAM FEE: \$800/team			
117701-03	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U11			
TEAM FEE: \$1100/team			
117701-04	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U12			
TEAM FEE: \$1100/team			
117701-05	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U13			
TEAM FEE: \$1100/team			
117701-06	Feb. 6-May 12	S	8 am-8 pm
AGE DIVISION: U14			
TEAM FEE: \$1100/team			
117701-07	Feb. 6-May 12	S	8 am-8 pm

VOLLEYBALL

YOUTH VOLLEYBALL SPRING RECREATIONAL LEAGUE

This is a league for girls 10U through 14U. Practices are held in the evening and Saturday mornings in Liberty School gyms. Once games begin there will be one game per week and one practice per week. Volunteer coaches are needed. Season consists of eight (8) games. Participants receive a t-shirt and participation award. Specific practice and game times will be provided after registration is completed.

FEES:

\$69 for members / \$74 for nonmembers on/before 03/24

\$79 for members / \$84 for nonmembers on/after 03/25

REGISTRATION DEADLINE: 04/01/2016

AGES: 9-13

LOCATION: LIBERTY PUBLIC SCHOOL SITE

ACTIVITY #	DATES	DAY	TIME
10U DIVISION			
111101-01	Apr. 11-Jun 18	S	8 am-10 pm
12U DIVISION			
111101-02	Apr. 11-Jun 18	S	8 am-10 pm
14U DIVISION			
111101-03	Apr. 11-Jun 18	S	8 am-10 pm

SIGN UP FOR...



See Page 35 for details.

Activity Calendar



DECEMBER

- 1 Adult Day Trip – New Theatre Restaurant
Registration Deadline
- 17 Splash Camp Registration Deadline

JANUARY

- 1 Liberty Community Center Closed – New Year's Day
- 3 Adult Men's Basketball Winter League Registration Deadline
- 4 Cheer 4 Session I
- 4 Cheer 4 Tiny Tigers Session I
- 4 Adult Women's and Coed Volleyball Winter League
Registration Deadline
- 4 Youth Group Indoor Weekday Swim Lessons Session I
- 4 FastKick TKD Session I
- 5 Commit to Get Fit Registration Deadline
- 5 Tumble With Me Session I
- 5 Tiny Tumblers Session I
- 5 Jump Start Level 1 Session I
- 5 Jump Start Level 2 Session I
- 5 Triathlon Conditioning Session I
- 6 Beginner and Advance Dog Obedience Session I
- 7 FastKick TKD Session II
- 8 Youth, Adult and Recreation Fencing Class Session I

- 8 Bitty Basketball Session I
- 9 Youth Group Indoor Saturday Swim Lessons Session I
- 9 Kids Mini Triathlon Aquatic Prep Session I
- 9 Bitty Basketball Session II
- 11 Young Rembrandts Art Class – Winter Session
- 20 Youth Soccer - Spring Competitive League
Registration Deadline
- 27 Tai Chi Session I

FEBRUARY

- 1 Youth Group Indoor Weekday Swim Lessons Session II
- 1 Cheer 4 Fun Session II
- 1 Cheer 4 Tiny Tigers Session II
- 2 Tumble With Me Session II
- 2 Tiny Tumblers Session II
- 2 Jump Start Level 1 Session II
- 2 Jump Start Level 2 Session II
- 4 Youth Soccer – Spring Recreation League
Registration Deadline
- 5 Youth, Adult and Recreation Fencing Class Session II
- 5 Bitty Basketball Session III
- 16 Triathlon Conditioning Session II
- 19 Liberty Community Center Free Day

Activity Calendar

- 22 Competitive Swim Team Maintenance & Conditioning Session I
- 23 Competitive Swim Team Maintenance & Conditioning Session II
- 24 Youth Group Indoor Weekday Swim Lessons Session III
- 24 Beginner and Advance Dog Obedience Session II
- 27 Youth Group Indoor Saturday Swim Lessons Session II
- 27 Kids Mini Triathlon Aquatic Prep Session II
- 29 FastKick TKD Session III

MARCH

- 1 Youth Flag Football – Spring Competitive League Registration Deadline
- 1 Tumble With Me Session III
- 1 Tiny Tumblers Session III
- 1 Jump Start Level 1 Session III
- 1 Jump Start Level 2 Session III
- 2 Young Rembrandts Art Class – Spring Session
- 3 FastKick TKD Session IV
- 4 Youth, Adult and Recreation Fencing Class Session III
- 5 AARP Safe Driving Class
- 7 Adult Men's and Coed Spring Softball League Registration Deadline
- 7 Cheer 4 Fun Session III
- 7 Cheer 4 Tiny Tigers Session III
- 10 Adult Coed Kickball Spring League Registration Deadline
- 11 Adult Coed Soccer Spring League Registration Deadline
- 11 Lifeguard Course Session I
- 13 Adult Men's Basketball Spring League Registration Deadline
- 14 Spring Break Youth Day Camp Registration Deadline
- 19 Youth Baseball/Softball – Spring Recreation League Registration Deadline
- 21 Youth Group Indoor Weekday Swim Lessons Session IV
- 21 Competitive Swim Team Maintenance & Conditioning Session III
- 21 Youth Golf Spring Break Camp
- 22 Competitive Swim Team Maintenance & Conditioning Session IV
- 27 Liberty Community Center Closed – Easter
- 28 Adult Women's and Coed Volleyball Spring League Registration Deadline

APRIL

- 1 Youth Volleyball – Spring Recreation League Registration Deadline
- 4 Youth Baseball – Spring Competitive League Registration Deadline
- 4 Cheer 4 Fun Session IV
- 4 Cheer 4 Tiny Tigers Session IV
- 5 Tumble With Me Session IV

- 5 Tiny Tumblers Session IV
- 5 Jump Start Level 1 Session IV
- 5 Jump Start Level 2 Session IV
- 5 Triathlon Conditioning Session III
- 5 Itty Bitty & Bitty Spring Soccer Session I
- 6 Youth Softball – Spring Competitive League Registration Deadline
- 7 Itty Bitty & Bitty Spring Soccer Session II
- 11 FastKick TKD Session V
- 13 Youth Group Indoor Weekday Swim Lessons Session V
- 13 FastKick TKD Session V
- 13 Beginner and Advance Dog Obedience Session III
- 15 Lifeguard Course Session II
- 16 Youth Group Indoor Saturday Swim Lessons Session III
- 16 Kids Mini Triathlon Aquatic Prep Session III
- 18 Competitive Swim Team Maintenance & Conditioning Session V
- 19 Competitive Swim Team Maintenance & Conditioning Session VI
- 20 Tai Chi Session II
- 23 Rugby Spring Break Camp

MAY

- 2 Itty Bitty & Bitty Spring Soccer Session III
- 2 Cheer 4 Fun Session V
- 2 Cheer 4 Tiny Tigers Session V
- 3 Tumble With Me Session V
- 3 Tiny Tumblers Session V
- 3 Jump Start Level 1 Session V
- 3 Jump Start Level 2 Session V
- 4 Itty Bitty & Bitty Spring Soccer Session IV
- 4 Youth & Adult Golf Lessons Session I
- 6 Liberty Community Center Free Day
- 9 Youth Group Indoor Weekday Swim Lessons Session VI
- 13 Lifeguard Course Session III
- 16 Pre-Season Swim Team Conditioning Session I
- 23 Swim Team Stroke Clinic Session I
- 24 Memorial Week Youth Day Camp Registration Deadline
- 30 Liberty Community Center Open 12–6 pm

JUNE

- 6 Liberty Storm Swim Team Starts



Parks & Open Space

For more information, please call 816-439-4384

PARKS

Liberty residents and visitors can enjoy a dozen parks covering more than 500 acres. Popular amenities include a dog park, disc golf course, spraygrounds, and ballfields.

PARKS	ACRES	SPRAY GROUNDS	PICNIC SHELTERS	PLAYGROUNDS	HORSESHOE COURTS	RESTROOMS	TENNIS COURTS	BASKETBALL COURTS	VOLLEYBALL COURTS	SOCCER FIELDS	BASEBALL FIELDS	SOFTBALL/MULTI-USE FIELDS	TRAILS	SKATE PARKS	FOOTBALL FIELDS	DOG PARK	SWIMMING POOLS	PERFORMING ARTS THEATRE	MEETING ROOMS	GYMNASIUM	HOT TUB & SAUNA	FITNESS CENTER W/ WALKING TRACK	PICKLE BALL COURTS	DISC GOLF
Bennett Park 1100 Clayview Dr.	45		2 ♿	2 ♿		1 ♿	6			1	1		1	1										
City Park 970 S. Hwy. 291	12	1 ♿	2 ♿	1 ♿	2	1 ♿				1	1	1												
Clay Ridge Ruth Ewing & Current	18		1 ♿	1 ♿									1											
Clay Woods/Clay Meadows 1010 Claywoods Parkway	5			1 ♿									1											
Fountain Bluff Sports Complex 2200 Old 210 Hwy.	146			2 ♿		3 ♿				6	1	8	1											
Jefferson Park/ Cates Creek Greenway South on Missouri St.	11												1											
Liberty Community Center 1600 S. Withers Road	12								1	1							4 ♿	1 ♿	4 ♿	1 ♿	1 ♿	1 ♿		
Northwyck Park 1617 Ridgeway Dr.	16		1 ♿	1 ♿									1											
Place Liberté Park 1300 Lynette Lane	2			1 ♿				1		1														
Ruth Moore Park 401 N. Morse Ave.	9	1 ♿	1 ♿	1 ♿	2	1 ♿		1																
Stocksdale Park 901 S. LaFrenz Rd.	112		2 ♿	1 ♿	12	1 ♿			1	2		2	3		2	1 ♿								1
Westboro/Canterbury Grnwy 1400 Canterbury Lane	42		1 ♿	2 ♿		1 ♿				1		1	1		1									
Wilshire Park 755 Wilshire Blvd.	12		1 ♿	1	1								1											
Manor Hill School 1400 Skyline Dr.							1																1	
Franklin School 201 W. Mill							1																1	

Parks & Open Space

For more information, please call 816-439-4384



PICNIC SHELTER RESERVATIONS

Picnic shelters are available free of charge on a first come, first served basis or can be reserved for a fee. Water for restrooms and drinking fountains is typically turned on the beginning of April and turned off the end of October, weather permitting. If you are reserving a shelter in early April or late October, please check with staff to ensure water is available. Shelter facilities are available at City Park (2), Bennett Park (2), Ruth Moore Park (1) and Stocksdale Park (2). To check availability or to make a reservation, please call 816-439-4393. Reservations are for a full day (10:00 am-10:00 pm).

FEE:

Weekday: \$30 resident / \$45 non-resident

Weekend & Holidays: \$50 resident / \$75 non-resident

TRAILS

Trail enthusiasts can find nearly 20 miles of trails throughout the city for all types of uses. More than 8 miles of primitive trail for hiking and biking can be found at Stocksdale Park. Cates Creek Greenway and the Southview Trail offer the longest paved trail at 3 miles in length.

Bennett Park Trail	3/4 mile - natural surface
Cates Creek Greenway.....	2 miles - asphalt surface
Southview Trail.....	1 mile - road-to-trail
Clay Ridge Trail	1/3 mile - asphalt surface
Clay Woods/Clay Meadows.....	1/4 mile - asphalt surface
Fountain Bluff	2-1/4 miles - asphalt surface
Northwyck Trail	1/2 mile - asphalt surface
South Liberty Parkway	2 miles - asphalt surface
Stocksdale Park Trails.....	1/2 mile - asphalt surface
	1 mile - natural surface
	7 miles - natural surface bike trail
	(extends on to Walnut Woods Conservation Area)
Westboro/Canterbury Greenway.....	2 miles - asphalt/concrete surface
Wilshire Park Trail.....	1/2 mile - asphalt surface

SIGN UP FOR...



See Page 35 for details.

Department Services

MISSION

Creating Community Connections.

INCLUSIVE STATEMENT

The Liberty Parks and Recreation Department provides recreation programs that are open to all community members. The department seeks and supports participation by all citizens with a variety of interests and abilities. If you or a family member needs accommodations or support to fully participate in the department programs, please call 439-4360 prior to enrolling to explore available opportunities.

SCHOLARSHIP ASSISTANCE

The Community Center services are designed to benefit persons of all backgrounds. Fees are based on the cost of providing each service. Scholarship assistance is available to ensure that those residing within the Liberty School District and unable to pay the set fees are able to participate in the Center activities. The process is confidential. Inquiries about our scholarship assistance are welcome, contact the Community Center front desk at 816-439-4361.

YOUTH SCHOLARSHIP ASSISTANCE

The Liberty Parks and Recreation Charitable Fund sponsors a Youth Scholarship Assistance Program for qualifying youth residing within the Liberty Public School District for any youth sport or program offered through the Liberty Parks and Recreation Department. The scholarship program was created to provide qualifying youth between the ages of 2-17 access to recreational programs.

Applications are available online at www.ci.liberty.mo.us/lprcf or at the Liberty Community Center front desk. If you would like to speak with a Parks and Recreation staff member in regards to the financial assistance program, contact the Community Center front desk at 816-439-4361.

Proud supporter of



HEARING LOOP SERVICES

Two of the Liberty Community Center's meeting rooms are now equipped with a hearing loop. Each loop is a wire encircling a room and connected to the sound system. The loop transmits sound signals electromagnetically. The signals are picked up by the individual's "telecoil" located inside their hearing aid or cochlear implant. The telecoil functions like a wireless antenna, delivering customized sound directly from the loop to the listener's assistive device.

A heartfelt thank you to the Liberty Sertoma Organization for their donation!

SCHOOL PARTNERSHIPS

Many of our athletic activities and instructional programs are made possible by the cooperative use agreement between the City of Liberty and the Liberty Public School District. The Liberty Parks and Recreation Department provides pool and theatre access to the Liberty School District. In turn, the District makes gymnasiums and ball fields available to the Liberty Parks and Recreation Department when they are not in use by the District.

HELP MAKE US GREAT – SUGGESTION BOX

We have an open door policy and invite our guests to talk with us about successes and concerns. We rely on how our facility and program guests view us. The suggestion box is located in the lower level of the Community Center near the locker rooms. Please let us know how we are doing!

RESERVING ATHLETIC FIELDS

To reserve an athletic field contact our Recreation Supervisor – Sports & Athletics at 816-439-4393.

LOST AND FOUND

Lost and found items found on Liberty Parks and Recreation Department property is stored at the Liberty Community Center. Please check with the Liberty Community Center front desk staff for lost and found items. All items turned in will be held for one week, after which time items will be donated to a local charitable organization. The Liberty Parks and Recreation Department cannot be responsible for lost or stolen items.



CLAY COUNTY SENIOR SERVICES

Enrich your life and have fun on us!

Available for all Clay County residents, aged 60 and older. Limited funding available on a first come, first served basis. Funds limited to \$120 maximum per year/per individual.

2016 Memberships

- \$120 applied to the purchase of a new, paid-in-full membership
- \$120 applied to the purchase of a qualifying renewal (an average of 8 visits per month is required)

Department Services

ONLINE REGISTRATION IS AVAILABLE

- Step 1:** Go to www.ci.liberty.mo.us/ParksOnline and click on "new customers" to register into the system. During regular Liberty Community Center business hours, staff will respond with an email as quickly as possible advising that your new account is confirmed. For your convenience, staff recommends you request your online account prior to the first day of registration.
- Step 2:** Once that confirmation is received, you may begin using the online registration services at any time, day or night.
- Step 3:** Nearly all programs offered by the Parks and Recreation Department are available for online registration. Unless you see  the program will be available to register online.

COMMUNITY CONNECTIONS

Want to stay informed of the Parks and Recreation Department programs, facilities, and services? Sign up for Community Connections, the department's E-News Flash. It's easy!

Log onto www.ci.liberty.mo.us/lpr, go to the bottom of the left side banner, and click on "News Flashes." Keep up with the latest Parks and Recreation Department happenings!

LIBERTY PARKS AND RECREATION DEPARTMENT INCLEMENT WEATHER HOTLINE

816-735-4700

With a new service through RainOutline.com, you decide how you find out about Liberty Parks and Recreation game or program cancellations.

Let the system do the work for you by sending you email or text alerts or download the smartphone app so you can check the status of an activity from your mobile phone. You can designate what notices you want and when. Log onto www.rainoutline.com.

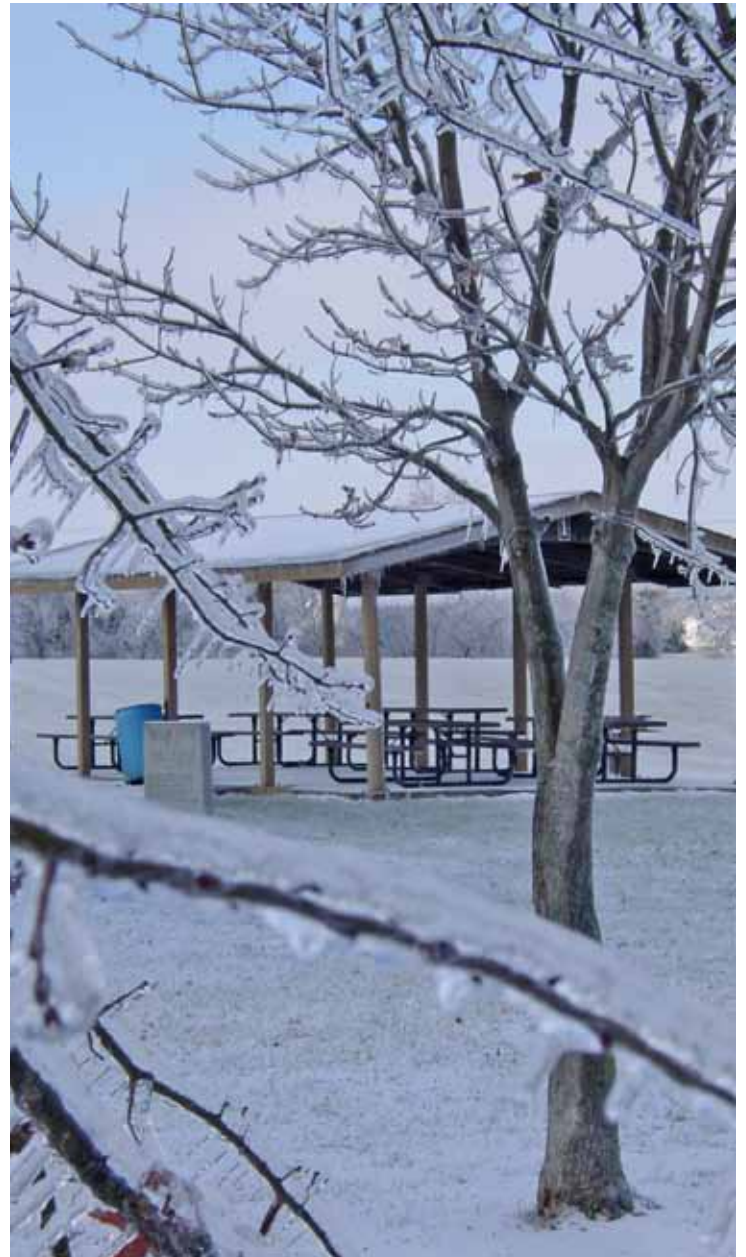
All programs are listed by extensions:

- Sports programs
 - By field/gym locations
 - Bitty programs
- Liberty Community Center programs
 - Ext. 14 5:30 - 7:30 a.m. weekday
 - Ext. 15 8:00 a.m. - Noon weekday
 - Ext. 16 Afternoon and evening weekday
 - Ext. 17 Saturday
 - Ext. 18 Tennis
 - Ext. 19 Dog Obedience
 - Ext. 31 Commit to Get Fit Program
 - Ext. 32 Community Center Building
 - Ext. 33 Liberty Storm Swim Team
- Senior Programs
 - Ext. 20 Liberty Silver Center
 - Ext. 21 Liberty Meals on Wheels

WHERE TO FIND PARKS AND RECREATION PROGRAM INFORMATION!

Information regarding Parks and Recreation Department programs will now be available from the following sources:

- Parks and Recreation Online Registration (www.ci.liberty.mo.us/ParksOnline)
- City of Liberty website (www.ci.liberty.mo.us/lpr)
- City of Liberty Fountain Bluff Sports Complex website (www.ci.liberty.mo.us/fountainbluff)
- City of Liberty Community Center website (www.ci.liberty.mo.us/communitycenter)
- City of Liberty News Flash
- Parks and Recreation Department "Community Connections"
- Information available at the Liberty Community Center front desk
- Periodic Friday folders at area elementary schools



Department Policies



USER GUIDELINES

Access to the Liberty Community Center requires the purchase of an annual membership, summer, day, or swipe pass except those persons observing children in a paid class. Please do not attempt to share membership cards with others. The membership number assigned to the card indicates ownership of the membership.

CODE OF CONDUCT

The Liberty Parks and Recreation Department provides a positive, family-based environment for the community. All users are expected to conduct themselves in a manner conducive to that environment. All patrons (members, rental patrons and their guests, program users) are expected to adhere to the policies and procedures of the Department. Patrons/renters will be held responsible for the actions of their guests. Destruction of property and/or use of abusive language and behavior will not be tolerated. Any behavior in direct conflict with the values upheld by this organization will not be tolerated. Alcohol products and weapons of any kind are strictly prohibited on Parks and Recreation Department property. Tobacco products are strictly prohibited within the confines of all Department facilities. All advertising for activities/events held on Department property is subject to Department staff approval. Violators of the code of conduct will be expelled and repeat offenders will have their privileges terminated immediately, both without refund of fees.

CONFLICT OF INTEREST STATEMENT

The Parks and Recreation Department reserves the right to refuse use of City of Liberty property for activities that are in direct conflict with programs, services, and rentals provided by the department. Violators will be asked to suspend such activities immediately. Use by repeat offenders will be terminated.

SEX OFFENDER LIST CHECK

All patrons age 18+ purchasing annual memberships, seasonal and daily passes will be checked against the sex offender list. Patrons will be required to provide a valid Missouri ID at the time of purchase. Names that appear on the list will be denied access to the facility.

CRIMINAL BACKGROUND CHECKS

The Liberty Parks and Recreation Department relies heavily on volunteerism to provide programs to the community. The department recognizes the ongoing concern regarding the potential harm to children from unscrupulous persons drawn to youth activities. In an effort to protect children who participate in organized activities with the City of Liberty, the Parks and Recreation Department is requiring criminal background checks to be conducted for all youth program personnel. All volunteers who may be placed in a supervisory role of children must have a current background check on file with the City of Liberty Parks and Recreation Department. Implementing this practice is recommended by the National Recreation and Park Association (NRPA) in an effort to make communities safe by advancing optimum volunteer management practices. Volunteers will be screened on an annual basis through the NRPA's recommended third party vendor.

NO SMOKING OR TOBACCO PRODUCTS

The Parks and Recreation Department has a no smoking or tobacco products policy.

DEPARTMENT RULES

The rules for the Liberty Parks and Recreation Department were established and are enforced to ensure that patrons have a positive experience. Please help us make your visit an enjoyable experience by following the established department rules.

Department Policies

POOL RULES

GENERAL

- Obey the lifeguards at all times.
- Everyone is required to take a shower before entering the pool.
- No running anywhere.
- Shoes and shirt must be worn when entering and leaving the facility.
- Access for all pools is through the locker rooms (exterior gates are for exit only).
- No talking to or splashing the guards. It distracts them from their job.

DIVING

- No diving except off the diving board.
- One bounce on the diving board **ONLY**.
- No gainers, cut-a-ways, inwards or reverse dives allowed.
- No flips off the side of the pool.
- See additional diving rules posted behind diving board.

CHILDREN

- No throwing of children; they might hit the bottom of the pool or another swimmer.
- No children ages 9 through 17 in the warm water or fountain pools
- Parents or an adult guardian must accompany children ages 8 and under to the warm water and fountain pools.

LAP LANES

- Lap lanes are for lap swimming only.
- Do not swim across, over or under the lap lanes. Enter the lap lanes from the ends only.
- No kickboards or fins allowed in the pool except in the lap lanes.
- Share lanes by circle swimming (Swim on the right side of the lane leaving the center of the lane open for passing.)

SWIM ATTIRE

- No cut-off jeans unless they are hemmed.
- No thong bathing suits for men or women.
- No street shoes on the pool deck.

FOOD ITEMS

- No glass containers anywhere in the pool area.
- No outside food or drink allowed in the facility.
- Concession food is allowed at the tables located on the deck off the outside pool or inside at the concession area upstairs.
- No smoking or tobacco products allowed anywhere in the facility and on the pool decks.

POOL TOYS

- No facemasks, fins or flippers.
- No solid balls or Frisbees.
- No large inflatable toys in the pool.
- No floating inner tubes over 20 inches in diameter.

SLIDE

- Minimum 4 years of age and 40 inches tall.
- See rules posted behind slide.

HOT TUB AND SAUNA RULES

(Hot tub and sauna hours will follow the main indoor pool schedule and may be closed one hour before facility closing for additional maintenance.)

- Adults ages 18 and older only.
- Only Community Center members are allowed access.
Program participants may not utilize the sauna or hot tub!
- Maximum time limit is 15 minutes while others are waiting.
- Do not use while under the influence of anticoagulants, antihistamines, vasoconstrictors, stimulants, hypnotics, narcotics, tranquilizers, or alcohol.
- Individuals suffering from heart disease, diabetes, high/low blood pressure, and expectant mothers should not use the sauna or hot tub.
- Showers are required by all participants prior to use.
- Appropriate swim attire must be worn at all times.
- Hair longer than shoulder length must be pulled back.
- Additional rules and stipulations may be enforced at any time as a safety concern.

AQUACLIMB® RULES

- Maximum weight capacity is 225 pounds.
- AquaClimb® should only be used by skilled swimmers.
- The minimum age for AquaClimb® is 5 years.
- No personal flotation devices may be worn when using the AquaClimb®.
- Only one climber at a time may use the wall.
- No diving; feet first entry only.
- Swimmers must exit from side of pool when done.
- Only one swimmer at a time in the "drop zone."
- Never climb above the top climbing panel. The clear panel at the top is NOT a climbing panel.
- Never climb around the sides of the AquaClimb® either onto the pool deck or from the pool deck onto the AquaClimb®.
- Always begin climbing from within the water.
- Climb only when drop zone is clear of swimmers and obstructions.
- Additional rules and stipulations may be enforced at any time for safety.

FACILITY SUPERVISION

For the safety and security of your child and others, please observe the following guidelines:

- Children under the age of 9 must be accompanied and directly supervised by an adult at all times.
- Unattended minors will need to follow safety directions of staff in all situations and specifically in the event of an emergency.
- Please do not drop children off and leave them unattended.
- All facility rules apply in designated areas.

Department Policies

WELLNESS CENTER AGE REQUIREMENTS

- 13 years or older may use the Wellness Center equipment and attend fitness classes unsupervised.
- Youth ages 9-12 will need to complete the Tween Orientation to utilize the Wellness Center equipment unsupervised. The orientation is not required if youth are in direct adult supervision. To schedule a Tween Orientation or to find out more information, please contact 816-439-4376.
- Youth under the age of 9 will not be permitted on the Wellness Center floor. Please refer to Child Watch for hours of service.

PROGRAM REGISTRATION

You may pre-register for Parks and Recreation programs online, by mail, phone and fax (using a charge card) or at the Community Center (using cash, check, or charge card) during open facility hours. Due to the large volume of calls and walk-ins received on the early and open days of registration for each brochure, no fax registrations or voice mail messages can be guaranteed. Unless otherwise stated, pre-registration is required before attending a class.

PROGRAM REFUNDS/CANCELLATIONS/ CREDIT ON FILE

- No refunds will be issued after the first class meeting unless the department cancels a class.
 - If the department cancels a class, program or trip, a full refund will be issued within 30 days.
 - Any refunds authorized by staff are subject to a \$10 refund fee per program.
- The department reserves the right to combine classes as needed or cancel due to low enrollment.
- In-session classes that are canceled due to inclement weather or lack of instructor will be rescheduled at the end of the session. If it is necessary to cancel more classes than time permits at the end of the session, a credit will be placed on file for class participants to use at a future time (must be used within a year of issuance).
- For our swim lesson and camp programs
 - There will be no refunds, credits, or transfers 72 hours prior to the start of the first class due to limited class size and availability.
- Individual Sport Refund
 - After coaches' meeting, the refund will be the registration amount minus a \$20 refund fee
 - Once schedules have been released, there will be no refunds issued
- Team Sport Refund
 - If a team does not give notice prior to the game schedules being released, they will forfeit their entire entry fee.

PHOTOGRAPHS

Frequently the Parks and Recreation Department takes videotape or photographs of people enjoying programs, special events, parks and facilities. These videotapes and photographs are for the Parks and Recreation Department publications, recreation brochures, and/or cable programs. They are used at the Department's discretion and become its sole property.

PET POLICY

Pets are not permitted inside the premises of the Liberty Community unless they are assistance dogs for people with disabilities or attending a paid dog obedience class.

LOCKER ASSIGNMENTS

Center participants may provide their own locks for lockers or stop by the front desk to pick up a lock for no charge. We only ask that you leave your membership card, driver's license, or \$5 to ensure that the lock is returned. Overnight locks are not available. The Department reserves the right to cut locks if left overnight. Guests are strongly encouraged not to bring valuables to the Center. The Center cannot be responsible for lost or stolen articles.

EMPLOYMENT OPPORTUNITIES

The Liberty Parks and Recreation Department is always looking for part-time and contractual employees interested in providing quality customer service. On-going job opportunities include:

- Fitness Instructors
- Program Instructors
- League Officials
- Aquatic Program Instructors
- Customer Care Team Members
- Child Watch Providers
- Concession Operators
- Welcome Desk Receptionists
- Lifeguards (Ellis & Associates)
- Theatre Technicians
- Theatre Ushers

Interested individuals may complete an employment application at the Liberty Community Center any time during our scheduled open hours.

Selected areas of the Liberty Community Center will be closed due to routine maintenance throughout the year. Compensation to memberships will not be granted when this occurs.